



Newsletter

No. 2 | October 2014

Message from the Director

We take great pride in saying that we were very successful in completing First term of the year. Past couple of months were very exhilarating experience for us as we had some fantastic achievements and great working environment in our school. I personally along with my entire team with an absolute humility thank everyone for the tireless and stupendous support demonstrated by teachers, students and parents.

Unquestionably today our priorities and goals are very clear to us and have aligned our strategic move towards it. And I will just phrase it in one line. Creating value innovation in our service to parents and educating the students. The whole idea of creating value innovation is about unprecedented value and utility to the parents and students.

In contrast to conventional wisdom of education, here in our school learning is centered around students, teachers and parents. Everybody gets equal opportunity and attention in learning. A pedagogy where learning is fragmented into simplest form considering all kinds of (Auditory, Visual, Read/Write, kinesthetic) learners. A classroom is enriched with higher level discussion and problem solving and teachers get involved in self learning and not just imparting fixed body of knowledge. Students will be judged with deep analytics and data to understand their learning behavior and interest. Thus creating an enriched and vibrant classroom, interactivity and fun while learning and most importantly the parents' involvement in child education which according to recent research significantly improves the child performance.

Our entire team energy and efforts are concentrated towards the great hopes and aspiration of the parents who are looking for value based and practical education that offers best opportunity for the children to foster in the very important life skills without which education is obsolete and impractical, in tandem with high degree of quality service.

There's no doubt-Technology is the future. We plan to incorporate cutting edge technology in the coming future in both working situations with parents and students. We have latest innovation that transforms the classroom forever. It has helped our teachers to overcome the limitation of traditional classroom of lecture, white board and books and empowered them with digital animation and modules to teach abstract concept that were difficult to teach before. Our students have the opportunity to bring the vast knowledge in the class room itself and connect to the whole world.

Once again on behalf of the entire Baba team, I would like to thank all our parents and well wishers from the bottom of my heart for believing and trusting us in educating your precious child in Baba school. My special thanks also goes to all those who worked as a strong pillar in various departments, administration, accounts, office assistants, bus drivers and assistants, kitchen Staffs, ayahs, housekeeping staffs, cleaning and maintenance staffs everybody out there. Without which we couldn't have done it.

Thank you so much.

Mr. Arvind Pradhan

BABA BOARDING EDUCATION PROGRAM POWERED BY EDUCOMP SMARTCLASS

Smart Class at BABA BOARDING HIGH SCHOOL



Since its inception BABA BOARDING HIGH SCHOOL has never shied away from embracing latest technology. To give continuity to its age long tradition, this year BABA BOARDING HIGH SCHOOL has introduced Smart Class. The Smart Class has been introduced in Primary and Secondary block. The Smart Class will be conducted in each and every class on routinely basis. The smart classes will run according to the prescribed curriculum which in many ways deepen and enhance the learning process. The facilitators will be focusing primarily on four key components of learning active engagement, participation in groups, frequent interaction and feedback.

Why integrate technology in classroom?

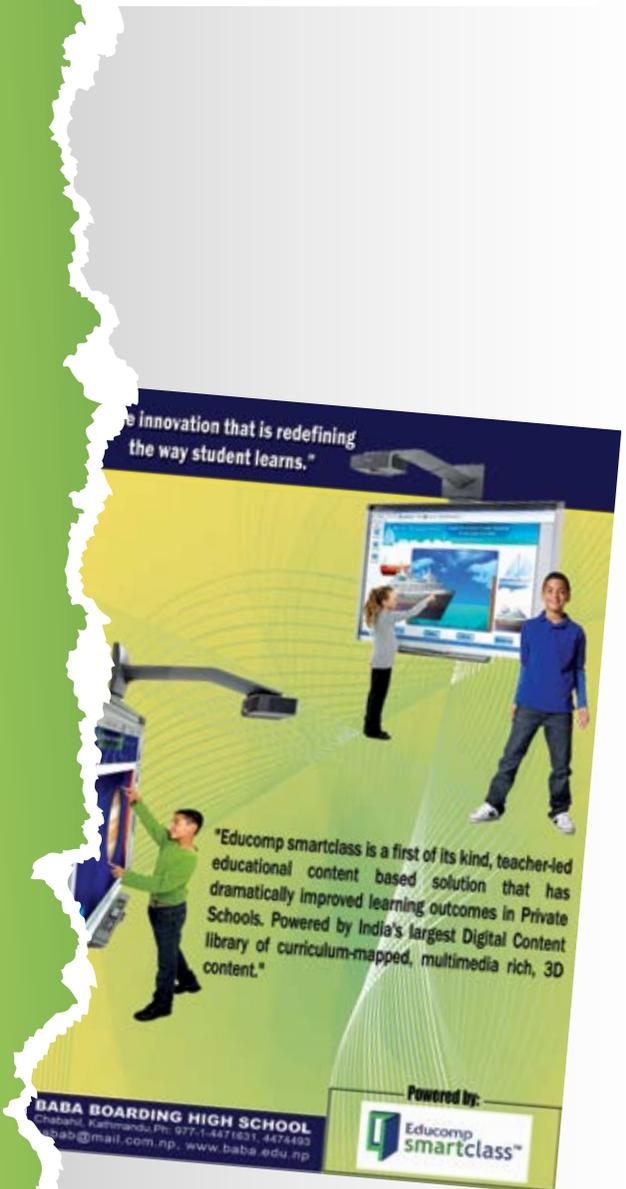
Technology is Omnipresent and it is touching our almost every aspect of our lives. Yet, most schools lag far behind when it comes to integrating technology into classroom learning. Many are just beginning to explore the true potential tech offers for teaching and learning. Properly used, technology will help students acquire the skill they need to survive in a complex, highly technological knowledge based society.

It offers facilitators effective ways to reach different types of learners and assess student understanding through multiple means. It acts as an interface and enhances the relationship between facilitators and students. Technology helps teaching and learning more meaningful and fun.

What is smart Class?

Smart Class is a virtual classroom for students. It provides instructor led education solutions for classroom. Smart Class is a convenient entry point to many exciting ways of e-learning including interactive lessons, activities and quizzes. It uses all interactive modules like videos and presentation and these visually attractive methods of teaching become appealing to students who are already struggling with the traditional method of teaching in a classroom.

In fact, smart classes are almost like watching movies as sometimes, animated visuals are used to teach a point. This kind of visual is both eye catching and young students can easily relate with them. This is because the audio visual senses of students are targeted and it helps the students store the information fast and more effectively. And then, there is the advantage of utilizing much of the time wasted earlier in drawing or preparing diagrams on board. Smart boards have all these information in memory and can be presented during the time of class. All the facilitators are well trained and very enthusiastic to conduct smart classes. The students are keen to experience the smart class. The school anticipates that the students as well as facilitators will be highly benefited from Smart Class.





GOOD EDUCATION

Education is an important thing for everyone in this world and everyone should get educated. From my prospective we can get education not only by going to school but there are other lot of ways also. When your family teach you what you should do and how to do something that's education. A lot of people are going to school every day but they are not getting anything or they do still not understand a lot of things. I think that education has to have some rules and ways to send the message and the education that you want to send to the people that you are educating. So how can we make sure that we are getting a good education in our life?

I guess the first thing that someone should do to get a good education is by choosing a good school. Choosing a school that is known by its students that get good grades and teachers that are very professional is a good way to make sure that you are getting a good education. A lot of schools have a bad or not good education system. In that case parents should take the initiation and should search a school which could provide a complete package for the holistic development which mould them into a good citizen.

Another way to make sure that we get good education is us. I mean to say that we should make sure that we study, do our homework and stay focused in class. If someone is going to school but not studying or keeping track of what is happening in class this means that he/she is not getting any benefits or education. We have to develop our own ways of studying and have a daily schedule for studying/practicing different subjects.

A lot of people are getting educated in this world but a big percentage of them are not caring about the good education that they have when there are a lot of people that are not getting any education. We should take care with our education and at the same time we should make sure that we are getting a good education.

Dilmaya Gurung
(Elementary Academic Coordinator)

Changu Narayan Trip

We went on a trip to Changu Narayan last year. We had a lot of fun. The weather was very hot. But most of us had a cap within us. Any way we packed our things and started for a trip. I was sitting with Wagle in the bus. My trip partner was Ang Pal Sherpa. I was in Dahal sir's group and I was fine with it. Songs were played in the bus and Ang started dancing. It was very nice to see his dance. But I just clapped. When we reached there, a guide was waiting for us. He told us everything. I had to find out about Narshingha I filled my trip sheet and I got all the answer that I wanted. I explored the whole place around the Changu Narayan temple with my friend Subaan. Both of us saw some statues and the styles of the temples were a breathtaking view. I was glad that I got a wonderful opportunity to visit the temple. It was very fun to discover the place.



I came across many new things like myths, stories, saw new sculptures and the great temples. We also saw the two museums. They were pretty good. Then, we headed to eat our lunch. I had brought some fried noodles. I shared and had fun eating with everyone.

On the way back music started playing again, so Tajpuriya sir started dancing again. And a lot of girls started standing up. After a lot of requesting, I, teacher, and some of my friends got up and started dancing too! Any way my hesitation vanished and I felt proud and develop my level of confidence. It was rather fun dancing with all my friends.

Educational trip is meant to be learning and gathering different resources available but we need also to know how to make our moment memorable having fun with all.

Overall it was a great moment.

- Zigme Gombu Sherpa

EFFECTIVE- TEACHING

Abstract

The research on teacher effectiveness has provided educational professionals with a relatively clear understanding of the fundamental principles for effective instructional practice. Teaching professionals should use these empirically supported principles as a basis for the determination of their own instructional effectiveness in the classroom. The purpose of this article is to describe the Four Aces of Effective Teaching (Outcomes, Clarity, Enthusiasm, and Engagement) as a conceptual framework for increased self-reflective practice among teachers in high school education settings.

Effectiveness

Teaching effectiveness is dependent upon the interaction between the instructor's subject-matter knowledge and teaching (pedagogical) ability. The following scenarios illustrate the nature of the complex interaction between these two critical variables:

1. An individual may possess a substantial amount of subject-matter knowledge, yet be unable to design and implement instructional methods to enhance student learning due to a lack of pedagogical ability.
2. On the other hand, an individual may possess some generic pedagogical skills, yet have limited subject-matter knowledge and again be predisposed to ineffective teaching.

These scenarios indicate that it is impossible to be an effective teacher without being competent in both subject-matter knowledge and pedagogical ability. Consequently, subject-matter knowledge remains a necessary prerequisite for effective teaching, not the sole determinant.

The Four Ways of Effective Teaching (*Outcomes, clarity, Engagement, Enthusiasm*)

The "Four Ways of Effective Teaching" summarize the most prevalent recommendations from the teaching-effectiveness research literature. They are the strongest links between what teachers can do and the learning that students achieve. The Four Ways represent a consolidated way of thinking about the "process" of teaching as it influences the "product" (student learning). One may think of them as catalysts for learning. Student learning is better, faster, and/or more long-lasting when teachers are able to play the four important roles.

The first Way of Effective Teaching concerns the utilization of an outcomes-based instructional orientation. Outcomes enable students to focus their attention on clear learning goals. These outcomes inform students of where they are going and how they will get there. Outcomes also provide the teacher with a framework for designing and delivering the course content.

The second Way of Effective Teaching involves the clarity of instruction. More effective teachers typically provide students with highly explicit directions and explanations concerning the course organization and content. When delivering instruction, nothing should be left to chance. If students are not meeting your expectations, your methods of delivery may lack the required degree of clarity. When a teacher tells, shows, and makes the message available from alternate perspectives to alternate senses, that teacher is engaged in effective instructional practice. Additionally, the course should be structured in a way that affords students the opportunity to make connections

between the new material that is being presented and the concepts that they have already learned.

The third way of Effective Teaching is engagement. This principle suggests that students learn by doing. The formal lecture represents an archaic model defined by instructor as deliverer and student as receiver. This model exemplifies one-way communication and perpetuates an incomplete model of education. Accordingly, teachers must create a dynamic, educational environment that affords students the opportunity to practice every concept that they are learning. More effective teachers utilize instructional strategies that engage students repeatedly throughout the entire lesson. This engagement should begin early in the lesson and continue throughout the lesson introduction, body, and closure.

The Fourth Way of Effective Teaching is enthusiasm. As straightforward as it may seem, "if you hate to teach it, your students will hate to learn." Conversely, if you love to teach, your students may very well love to learn. Enthusiasm is communicable. More effective teachers display a high level of enthusiasm that reflects their professional competence and confidence. Accordingly, it is the teacher's responsibility to establish a classroom environment that allows for a high degree of student achievement. Ultimately, high levels of student achievement serve as a powerful motivator for both student and teacher.

D.B.Dahal
(HOD English/Coordinator)



My aim in life

My aim in life is to be a teacher because teachers are known as second parents of the students. Teachers teach students and take care of them. Like their parents do at their home. Every teacher wants their children to be a great person in their life. To be a teacher is my aim because I love children and want to teach and take care of them like my teachers take care of us. The teachers teach and the children become great person like Doctor, Pilot, Nurse etc. The teacher is also nice profession like my teachers. My teachers teach me. Her name is Sobha Giri. She is so beautiful. She is our class teacher. She also loves to teach her children. She is a great teacher. I am so proud of being her students.

-Mingma Dolma Sherpa

My Favourite fruit

I like all the fruits but my favorite is apple because it is very juicy. It is also known as the king of the fruits. It is very good for our health and teeth. Apple is very rich in vitamin C. It looks very attractive. It is found in different colours but it is mainly red in colour. Apples are found in different sizes. Some of them are big, some of them are medium and some are very small. It is grown in the Himalayan region. I like apple very much.

-Ashwini Tamang

Mother's Day

I celebrated Mother's Day very nicely. I woke up early in the morning at 4:30 a.m. At first before doing anything I looked at the face of my mum, then I went to stupa along with my mum to worship the God. While returning back to home I bought some sweets for my mum. I fed her some sweets and gave her the greeting card. I had my breakfast after feeding my mum. Then I became ready for my school. My mum gave me lots of love and blessing in return. She also made my tiffin and helped me to go to school reading book. I spent my whole day at school. I enjoyed with my friend.

-Mingma Dolma Sherpa



My Aim In Life

My aim in life is to be a Doctor. I want to be a doctor because I want to help many sick people. My mother also wants to make me a doctor. Because she also likes to help to sick people but she didn't become a doctor that's why she wants to make me a doctor. I also like doctor's job very much. I want to be a very good doctor. I want to make people very happy.

Shikha Bhattarai



History of BBHS

Late Mr. Tanka Bahadur Pradhan decided to open BBHS. The Baba Boarding High School was established in 1980, There were very few students in the beginning, There were very few teachers too. But in the course of time BBHS became very big and progressive. Now B'BHS has produced many intellectuals, doctors, pilots, engineers, and many educationists. Now children like this school very much.

- Doma Sherpa.



Friendship

Friendship is a divine gift. We need friends in our life. We cannot be happy without friends. Friends share their joys and sorrows. They help us in many ways. A fortunate person can get a true friend.

Friendship between two People depends upon common thinking, mutual love, and selflessness. Without these basic essentials true friendship cannot exist at all. A friend in need is a true friend indeed.

True friend stand by each other through their happy and sorrowful moments.

- Sumana Gurung



Bhanu Jayanti

On Bhanu Jayanti BBHS conducted an inter school poem recitation competition. In this event many students from many schools recited poems. They were judged based on tune of recitation.

The students of BBHS also took part in the competition and recited some good poems and got certificates on it. All of the participants worked very hard for this competition. They recited many good poems which had different tone and melodies. It was really a tough job for the judges to evaluate the winners of the competition. All the participants were very confident and performed really well. This kind of competition encourages young minds to appreciate Nepali literature and helps them to boost their confidence level.

The competition is actually tribute to Bhanu Bhakta Acharya, the legendary Nepali poet, who translated the epic of Ramayana into Nepali. At his time Ramayana was written in Sanskrit only. Nepalese people were not able to read Sanskrit language. So he decided to translate into ordinary Nepali language. This act of Bhanu Bhakta is greatly appreciated and he is remembered every year in our School by holding inter school Nepali poetry recitation contest.

- Moni Gauchan

Diary of an American Teenager

Dear Diary

I would like to apologize for not writing and sharing with you for quite some time. As you know I am far away from home and my parents and I miss them a lot. I am here in Washington D.C. while my parents whom I barely get a chance to meet live in India.

I hate to mention this but as a small child I never was raised or care by my parents. Instead of getting parental care I was raised and looked after by the Indian nurses we called 'ayahs'. Even as a small child I had always wanted to spend time with my parents. I always longed to accompany them to social functions or gatherings, but that never happened was left in the care of the nurses who I barely knew. At some point when I was alone in the house with the nurses I would often feel scared as they would harm me as the Indians hated us, the Americans. Who can you trust in this world anyways?

I had no idea about why my parents did not care of me.....Was it because they were so busy all day long that they had no time? I guess I shall never find out. Day by day I saw less and less of my parents, soon I was packed off and sent here to study. Father told me that because I would get better education in America but it was hard for me to digest .Sometimes the voice from my heart that they didn't want me to spend time with them. I often felt they didn't love me. As a child I never got the parental guide that every child should get. I know I should not be writing such things about my parents but it is the truth that I have been keeping as a secret since I was a child.

However, today I have learnt to be independent and also have learnt many things in life. I have made many new friends some of whom have faced the same problem as me. We understand each other's feelings. And try to console each other. During my annual visits back to India I try and spend as much time as I can with my parents. I always look forward to meet the nurses who looked after me.

Well I have to go .I feel much better now after pouring out my heart to you. I shall try my best to keep you updated.

- Shreya Yonjan

I Want To Be Like You

Thank you, teacher,
for being my life's role model.
When I consider all you've taught me
and reflect on the kind of person you
are,
I want to be like you—
smart, interesting and engaging,
positive, confident, yet unpretentious.
I want to be like you—
well-informed and easy to understand,
thinking with your heart as well as your
head,
gently nudging us to do our best,
with sensitivity and insight.
I want to be like you—
giving your time, energy and talent
to ensure the brightest possible future
for each of us.
Thank you, teacher
For giving me a goal to shoot for:
I want to be like you!

- Sandhya Paudel

A Teacher for All Seasons

A teacher is like Spring,
Who nurtures new green sprouts,
Encourages and leads them,
Whenever they have doubts.
A teacher is like Summer,
Whose sunny temperament
Makes studying a pleasure,
Preventing discontent.
A teacher is like Fall,
With methods crisp and clear,
Lessons of bright colors
And a happy atmosphere.
A teacher is like Winter,
While it's snowing hard outside,

Keeping students comfortable,
As a warm and helpful guide.
Teacher, you do all these things,
With a pleasant attitude;
You're a teacher for all seasons,
And you have my gratitude!

- Surendra Khatri

If I Could Teach You, Teacher

If I could teach you, teacher,
I'd teach you how much more
you have accomplished
than you think you have.
I'd show you the seeds
you planted years ago
that are now coming into bloom.
I'd reveal to you the young minds
that have expanded under your care,
the hearts that are serving others
because they had you as a role model.
If I could teach you, teacher,
I'd show you the positive effect
you have had on me and my life.
Your homework is
to know your value to the world,
to acknowledge it, to believe it.
Thank you, teacher.

-Simran Shrestha

The Best Teachers

Teachers open up young minds,
showing them the wonders of the
intellect
and the miracle
of being able to think for themselves.
A teacher exercises
the mental muscles of students,
stretching and strengthening,
so they can make challenging decisions,

find their way in the world,
and become independent.
The best teachers care enough
To gently push and prod students
to do their best
and fulfill their potential.
You are one of those.
Thank you.

-Namrata Adhikari

Number One Teacher

(Kalpana Subba)
I'm happy that you're my teacher;
I enjoy each lesson you teach.
As my role model you inspire me
To dream and to work and to reach.
With your kindness you get my
attention;
Every day you are planting a seed
Of curiosity and motivation
To know and to grow and succeed.
You help me fulfill my potential;
I'm thankful for all that you've done.
I admire you each day, and I just want
to say,
As a teacher, you're number one!

- Ronan K.C.

The Innocence of childhood

The innocence of childhood it is a
marvelous thing
And all children are untainted in their
life's early Spring
But by the time they've reached their
teens their innocence they've lost
and the experience that we gain from
age always comes at a cost.
When children lose their innocence they
lose their gift of joy

the joy that comes from innocence in
every young girl and boy
Compared to us young children see life
quite differently
of the guilt of corruption they are
completely free.
I have such happy memories of when I
was a boy
My childhood years were happy years
but time just seemed to fly
And the experience that I've gained from
life it came at a great cost
For I lost something beautiful when
innocence I lost.

- Mr.Prakash Cn. Neupane

Children's innocence

Innocence exists in every child.
they are very sweet and very mild.
They mingle with others very well.
And in them curiosity dwells.
It sounds good when they talk
They are happy when they are taken to
a walk.
They love, laugh and care.
They know very well how to share.
They are like bright morning sun
They know very well how to live life with
fun.
they are like stars brilliantly twinkling at
night.
They are like a happy flying kite
Without them our life is boring,
As they are so adoring.

-Mr.Genalal Yadav

“Educating the mind without educating a heart is no education at all”

The above statement has been stated by one of the famous philosophers, artist, of Greek history named Aristotle, a learned spiritual Nobel. Education is the process of Knowledge gaining. It is a power to excel success in life. It is the key to get civilized and mannered. Education is the beacon of guiding light towards the evading destiny which use beyond us. It helps in achieving our aims and goals. Therefore Education is a very prominent part of our life which helps us to move further in our life.

We all know knowledge and education isn't everything when we don't implement it to our lives and behaviors. We should be aware of when and how to use what we know and have learnt. Generally, those things which we keep in heart are always afresh but those which we try to mug up and set in our brain fades in no time. Therefore, we should educate our heart at first and then only comes the mind. There is a divine power in our heart that heats, supports, loves, cares, feels and memorizes in time. Our heart is everything, if we have a good heart we are great but if we don't have a good heart we are nothing. Obviously, our brain is also everything and we can mould it in any shape we like, make it sharper and wiser but in all those cerebellums, nerves doesn't exist the quality of heart. Heart has the power to create humanity but brain has only to create things that are lifeless, thought useful in its own way.

A witty mind but a clumsy and cruel heart is not likeable. It may create some different but it's our heart that makes a bigger more differences. A person may read a book keep it to mind 4418966 but without being the book read by heart he/ she will never implement it to life. Everything has a reason and if we don't be sensible enough to work the reason it no longer makes sense to do a certain work.

We all read social norms and values, geography, history, math's, accountant, Science but the reason for all these is not only succeed in a certain field but to put the things we've learnt to our lives and to make world a better place. It is the

reason of learning to implement the lessons to life. Without having implemented the lessons in our life our education is of no use.

Our life has no values with only degree certificates hanging in the wall, what matters is the kind of great work we did for the betterment of the society and the world. The knowledge we have gained should be worthy for the human race. Whatever we learn should be reasonable and not materialistic. It should be beneficial for not only us but for whole human kinds.

Knowledge and Education should not always be limited to the text books it should have the learning from all over the universe. Education has to have a goal of being spiritual at the same time due to which our learning meets new reasons.

Education is a lifelong process. Therefore our learning should have a beneficial prospect towards the human kind which helps in creating everyone's lives to become modest. Hence learning should not be limited to mind only it should be free for the benefits of the society.

There are many learned persons in the history of mankind. They have all had been told to be great men and women. Who've done great things. They've become medium of inspiration and aspiration also a role model for everyone. This is not because of the degrees they held but for the great deeds, works they did for the betterment of the human kind. There has been written many pages books of histories of different centuries, ages, eras and to all these evolutions our existence is just a blink of an eye. No-one has ever been immortal, no one has ever lived for 1000 years so for the period of time of our existence we should do something great from the education we get. So that our names can be heard reverberating for over 100 of centuries because of our great works and deeds. Thus, we can say it's necessary for us to become spiritual.

Shreya Yonjan Grade X

Me, My School and My Future



My name is Sonam Choden Sherpa. I live in Chabahil, Kathmandu. I study in grade 6. I have small eyes. My hair is short. I am not tall or short. I am thin. I like to help poor and sick people. I love plants specially flowers. I like dogs but not cats. I like to read books out of course also. Storybooks are my favorite. I like playing my piano. My aim is to be a doctor. I like to sing. I seldom read my course books also. My favorite thing to do is travel. I love travelling to new places. I love to explore the world. I want to be a talented person with many qualities like wisdom, honesty etc. I am 11 years old.

My school's name is Baba Boarding High School. It is located in Chabahil, Kathmandu. It is a school with the best environment for me. There are many facilities in my school. There is a library with many interesting storybooks, novels and many more interesting story books. There are two music rooms with many musical instruments. A dance class is best for most of students. There are two computer labs, There is a big auditorium hall also. There is a yoga hall. There are many teachers in our school who have very good experience of teaching. They are classes form grade 1 to 10 with two sections each. There we can find a

well maintained hostel and a dining hall. Our DI (Discipline Incharge) 's name is Mr. Ratna Bahadur Bhujel. Our School Coordinator's name is Mr. D.B. Dahal. Our primary incharge's name is Mrs. Dilmaya Gurung. Our Director's name is Arvind Pradhan. Our Principal's name is Binata Pradhan. The favorite place for me in my school is the library as I love to read books. I would always wish that my school time would always be the best memorable time in my whole life.

Future means our coming days, our coming years or the time, which will come. We all are eagerly waiting for our future. I wish in my future, I would be a successful person. I want and help those who are in need. If the people or the citizens are healthy, the country can keep prospering in future. My Parents, teachers, elders and everyone would always wish for my bright future. They help me also. Our Future can change the country because, if we are educated, our country can be educated, Good roads can be made, People can know more about education and soon the whole country can be educated. Our bright future means a small path to make our country rich and educated. My future can be good and walk in path of truth and wisdom that path can lead me to live a happy life and if I walk in path of bad people, if I don't like to take a good path it can lead my life to be an unhappy one. So I prefer the path of wisdom and truth because I want to lead a happy life. So our future depends upon us. Our bright future can make our country a better place than other countries to live. So before taking a big decision we should think many times as it can change our life.

Sonam Choden Sherpa

Gaijatra

The festival of cow "Gai Jatra" is generally celebrated in the Nepalese month of Bhadra. The Festival of Cow is one of the most popular festivals of Nepal. According to the traditions since Malla times, every family who has lost relatives during the past year must participate in a procession through the streets of Kathmandu is leading a cow. It is believed that the cow revered as a holy animal by Hindus, will help the deceased relative's journey to heaven. In terms of historical evidence once when King Pratap Malla lost his son, his wife, the queen remained liked a mad. The King, in spite of his several efforts could not lessen the sorrow of his wife, he wanted to see little smile on the lips of his sweet heart. He announced that someone who ever made the queen laugh would be rewarded adequately. During the festival of Gai Jatra the cow procession was brought before the grief stricken queen. Finally when the social injustice and other evils were highlighted and attracted mercilessly, the queen could not stop smiling.

The occasion is filled with songs, jokes, mockery and humor of every kind become order of the day until late evening hence Gai Jatra is a healthy festival which enables the people to accept the reality of death.

Ritik Raj Shrestha

IF I were.....

If I were the class teacher of 5B then I would keep the math always because math is the hardest subject. To improve math we should keep the math routine always. I would tell the children to read hard and make your parents happy. I will advice them to be in discipline. I will involve them in the class room activities. I will make my student attentive. I will be taking personal interest involving even the family problem of the student. I would be friendly and equally sociable. I would equally courage the students to participate in the extra curriculum activities.

Sankrija Shrestha

My aim in life

I am a small girl of seven years only and I am not very clear on my future aim in life at this stage of life. But I think I will study very hard and want to become an engineer in life. After becoming engineer, I want to bring changes in technological area and want to earn lots of money in life.

Simran 2A

20 Good manners

Good manners always lead us to success. Every people should have good manner. Some of the good manners which help you to be a respectful person in your life are given below.

1. Never give up
2. Give priority to disable people
3. Speak politely
4. Don't trust strangers quickly
5. Obey the teacher
6. Respect the environment
7. Help our friend in need
8. Ignore society's comparisons
9. Make your goals a priority
10. Don't lie or steal
11. Say magical words
12. Don't comment on other people's physical characteristic
13. Never use foul language in front of adults.
14. Keep patience and wait for your turn.
15. Knock on classed doors and wait to see if there's response before entering
16. Give your best for excellence
17. Always be punctual
18. Cover your mouth when you cause or sneeze
19. Don't pick your nose in public
20. Give respect for elders and give love and care for younger.

Prashiddi Adhikari 5B

FAILURE MEANS

Failure does not mean you have accomplished nothing;
It means you have learnt something.
Failure does not mean that you have been defeated;
It means you must have a lot of faith.
Failure does not mean that you are inferior;
It means you are not perfect.
Failure does not mean that you have wasted your life;
It means you have a reason to start afresh.
Failure does not mean that you should give up;
It means you must try harder till you succeed.
Failure does not mean that you will never make it;
It means it will take a little longer.
Failure does not mean that God has abandoned you;
It means God has a better way for you.

Neema Paudel Sapkota
(Elementary Grade Teacher)

Rainy days

We should wear rain coat.
We should were rain boot.
We should carry umbrella.
We should eat hot foods.
We should wear warm dresses.

Arnab K.C.

We Teach Life Skill Education in BABA

Life skills have been defined by the World Health Organization (WHO) as “abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life”. They represent the psycho-social skills that determine valued behavior and include reflective skills such as problem-solving and critical thinking, to personal skills such as self-awareness, and to interpersonal skills. Practicing life skills leads to qualities such as self-esteem, sociability and tolerance, to action competencies to take action and generate change, and to capabilities to have the freedom to decide what to do and who to be. Life skills are thus distinctly different from physical or perceptual motor skills, such as practical or health skills, as well as from livelihood skills, such as crafts, money management and entrepreneurial skills. Health and livelihood education however, can be designed to be complementary to life skills education, and vice versa.

Life Skills-Based Education has a long history of supporting child development and health promotion in many parts. In 1986, the Ottawa Charter for Health Promotion recognized life skills in terms of making better health choices. The 1989 Convention on the Rights of the Child linked life skills to education by stating that education should be directed towards the development of the child’s fullest potential. The 1990 Jomtien Declaration on Education for All took this vision further and included life skills among essential learning tools for survival, capacity development and quality of life. The 2000 Dakar World Education Conference took a position that all young people and adults have the human right to benefit from “an education that includes learning to know, to do, to live together and to be”, and included life skills in two out of the six goals.

Expected learning outcomes include a combination of knowledge, values, attitudes and skills with a particular emphasis on those skills that related to critical thinking and problem solving, self-management and communication and inter-personal skills.

Life skills are behaviors used appropriately and responsibly in the management of personal affairs. They are a set of human skills acquired via teaching or direct experience that are used to handle problems and questions commonly encountered in daily human life. The subject varies greatly depending on social norms and community expectations.

Enumeration and Categorization: Realizing this universal truth BBHS has inculcated certain life skills in the school curriculum and them plan. We believe that more bookish learning cannot support our children in this competitive world. So, we have plan to develop following life skills among our children.

Social Skills

1. Self Awareness
2. Effective Communication
3. Interpersonal Relationship
4. Empathy

Thinking Skills

5. Creative Thinking
6. Critical Thinking
7. Decision Making
8. Problem Solving

Emotional Skills

9. Coping with Stress
10. Coping with Emotions

Importance of Resource Centre in Baba School

Learning resource centers, benefit students by supplementing the learning process. They function as a place to introduce, reinforce and expand student learning, and can be school- or community-based. Centers can provide access to learning materials or serve as a peer learning center. There are a various types of learning centers, each geared toward providing students with resources to expand their educational experience.

Thinking all these necessities we have established a resource centre in Baba School, where students come to complete their multi tasks, sitting different corners of the resource room.

- Santosh Pokhrel

-Ashok Kumar Mktan

ECA in BABA School

What students do outside of the classroom is just as important to us at BBHS as what students do inside the classroom. Extra-curricular provision covers a whole array of activity and we firmly believe there is something for everyone. All staff run at least one extra-curricular activity each term and we also expect students to participate in at least one activity each term.

Sport, drama, music, school councils are just a few examples of provision in this area and the Extra –Curricular Activities (ECA) handbook describes the activities on offer each term. Over 75% of our students participate in at least one sporting activity each term and from September we are pleased to announce a number of new academies that will run providing first-class opportunities for BBHS students across a variety of sports.

Our school is a best platform for the extra-ordinary and the talented students to explore their talent. We believe in overall development of our children, there we provide an enormous opportunities throughout our session in the entire valley's activities to the whole session and in international competition as well.

- Recently BABA had organized “Baba 3/3 Basketball Championship’ in which our staff team won the winner title whereas junior boy’s team won the 1st runner up title.
- An elocution program named “International Gajal Recitation Competition 2014” was organized by Balmiki campus, Exhibition road, Kathmandu. Our student of grade IX Tshering Jammu Sherpa stood first in the competition.
- An inter-school art competition was organized by Ripumardini Sainik School and Baba’s Samuel Dean Pun secured the first position.

- Bhanubhakta Memorial School organized an elocution competition and our student Tshering Jammu Sherpa stood in the first position.
- A music competition was organized by Nepal children’s organization and our music team reached in the final round.
- Recently, CIAA Nepal organized a poster and poem competition on the topic “corruption Free Society Is our rights”. In this competition Baba School secured the third position in the poster competition.
- HIMs swimming championship is solely captured by Baba School. Mr. Kiran Karki alone achieved three gold medals. These are some of the achievements that our students have achieved in this middle of the session.

These outstanding achievements prove that ECA department in Baba School is highly oriented towards different kinds of benefits to our students. We provide them the opportunities to learn practical lessons, various outreach programs, social services etc. We don’t compromise in the quality. We always provide highly qualified professionals in both ECA and Academic activities. Students can learn optimum knowledge in each and every field.

Finally, we prepare our students with international mindedness to serve the entire humanity of the world.

Mr. Dikesh Pradhan
(ECA Incharge)

STUDENT- LIFE

The life of a school student is just studies, hard work discipline but it is also fun and the best part of one's life. An ex-student, whom I know, and also my parents, long for the good old days that is their school life. School life is generally associated with a lot of studies, home work and examinations. School is, waking up early in the morning, whether it is hot or cold, putting on ones uniform, hurriedly polishing shoes and rushing to the bus stop to catch the school bus and getting used to the words "Hurry up! you will be late!" You reach school and again the same words "Hurry up!" do not let you rest in peace.

At home, parents utter them like mantras and in school teachers and prefects do not let you forget them. Throughout the day, it is a mad rush, one period gets over, the other starts and you are ready for the second subject the third and so on. When you forget to do your home work, you try to sit at the back and pretend to be looking for something on the floor or in your bag hoping that your teacher would not see you. You are lucky if you are not seen and it is bad luck if you are caught. If you are not lucky, be ready for a good scolding or detention during break or after school. If you are lucky and your teacher is in a good mood, you may be left with a warning. Examination days are tough, you do not have time to play pranks, make fun; you can only study and at the most pray so that you come out with flying colors. However, school is not so dull all the time, the games, library period and recess time is a welcome break, when you can relax, joke and have fun with your friends. There are some teachers, too, who can make school very exciting for example our Math Teacher, Mr. D.L. Tajpuriya, who has a typical style of talking. Students, who are seen loitering around in school and are on a bunk, are caught by him in a typical style" Aie ladke kya karta hai. Assembly is also fun with the Coordinator making an effort to talk in good English but often ending up being so funny that the students cannot control their laughter.

School can be fun, real fun, when picnics and field trips are organized. We wait for them keenly and keep on requesting our class teacher to organize one for us. Debates, quizzes, cultural programmes also add luster to an otherwise dull school life which is often restricted to studies. It is not that one does not enjoy studies but continuous studies of 5 hours can become a little difficult. One longs for some break in monotony and that we get by playing pranks, needless to say, usually harmless, making fun of each other and at times of teachers who are very strict and not liked. Of course, those teachers, whom we like, are never talked about with disrespect. We wait to carry, for them, their bags and exercise books and on complementing them on looks. If a class is boring then there are some, who tend to pretend them ill, just to go to the infirmary.

Many a times, it works but at times boomerangs also when the nurse sees through them and they are March back to the class with their head bowed. And Oh! I forgot, bunking classes and not being caught, is another adventure in a student's life though there are only a few, very daring one who can take this liberty. Majority of students are good and would never anything which could make them stand outside the teachers' office. In short, a student's life is all about a lot of discipline, hard woe punctuated by ecstatic moments of fun and enjoyment. Fun increase after real hard work and you tend to enjoy more than those who had been lazy and have wasted their time. I think this period of your life is most wonderful period – full of spontaneity, dreams and hope, not a care in the world, except for studying.

Sandhya Poudel

IMPORTANCE OF STUDENT LIFE

The student life is the most important period of our life. Our future hopes depend upon it. At this time our mind is like clay. Clay is a very soft thing. The potter makes various things with this clay. Like clay, our mind also can be shaped in different ways. If the pots etc. are once made by the potter, their shapes cannot be changed. Similarly* if our character is once formed in one way, it cannot be changed easily. If we receive good training in our student life, we shall be good citizens in our future life. If, on the other hand, we do not receive good training, we shall not be good men in future. We should, therefore, be very careful. We must take care so that we may receive good training in our student life.

What the student should learn

We must learn many good things in our student life. Our main duty is to learn our lessons at school. We must “gain knowledge. Our character must be good. If we become men of character, people will love us. Our teachers will take great care of us. A boy of bad character cannot become a great man. We must learn discipline. Strict discipline at schools is very good for us. it teaches us obedience, punctuality, diligence, regularity, good manners and forbearance. We must learn perseverance. It is at the root of all success. If we are idle, we cannot prepare our lessons. Idle men are never happy. They suffer much. Everybody hates them. All great men of the past were persevering. Hence we must persevere. If we fail once, we shall try again and again. We must learn the value of time. We should

do everything in time. Time will not wait for us. If time is once gone, we cannot get it back. Our work also is not finished. Hence we must not idle away our time. We must take care of our health. If our health is bad, we cannot do anything. Our whole life becomes miserable. A man with bad health dies early. Therefore, we must improve our health. We must be obedient. We shall do what our parents and teachers tell us to do. Obedience is a great virtue for a student. An important part of a student’s life is his social life at school. We mix with other boys in the class-room and play-ground. This exercises a great influence in shaping our character. Here we learn the important lesson of give and take, co-operation, easy social manners and thought for others. But we must be careful so that we may not come in touch with bad boys.

Conclusion

The student life is the best part of a man’s life. At this time our main work is to read and play. We should not think of anything else. When we are students, we are free from cares and anxieties. Our heart is very soft. Our mind is very simple. We pass our time very happily. But if we do not perform our duty, we shall not be happy in future. Hence we must do our duty. We shall then be happy and prosperous in our future life.

- Ravi K.C.

हाम्रो समाज र नयाँ पुस्ता

- लेखनाथ दाहाल, प्रमुख, नेपाली विभाग

प्रकृति गतिशील छ। समाज पनि गतिशील नै हुन्छ तर प्रकृति र समाजको गतिमा प्रस्टै पृथक्ता भल्कन्छन्। पल, क्षण, मुहूर्त, घटिका, प्रहर, दिन, रात, पक्ष, महिना, ऋतु, वर्ष गर्दै निरन्तर एउटै गतिमा परिवर्तन हुने र तदनुरूप पृथक्-पृथक् विशेषता लिएर आउने प्रकृति आफैमा पूर्ण, परिपक्व र नियमित देखिन्छ तर सामाजिक संरचना र समाज परिवर्तनको गति त्योभन्दा भिन्न देखिन्छ। हुन त समाज पनि प्रकृतिको अभिन्न अङ्ग हो तर जन्मदेखि मृत्युपर्यन्त मानिसले अवलम्बन गर्ने विविध क्रियाकलापका कारण समाजको गति र विकासको क्रममा फरक देखिने गर्छ।

समाज भन्नु नै व्यक्ति-व्यक्तिको समूह हो। हरेक व्यक्तिका निजी सोच, विचार, तर्क, चाहना र व्यवहार हुन्छन्। विवेकशील मनुष्यले ती व्यक्तिगत भिन्नतालाई आत्मसात् गर्दै अरूको विचार र चाहनालाई उचित सम्मान गरेर संगच्छ्ध्वम्, संबद्धत्वको भावनाका साथ अधि बढ्ने हो भने मानव समाजमा कुनै मनमुटाव, ईर्ष्या, द्वेष, द्वन्द्व र वैमनस्यता र प्रतिस्पर्धा उत्पन्न हुने थिएन। तर, भौतिक सम्पन्नताको पछिपछि दौडिएको वर्तमान समाजमा यस्तो हुनु सम्भव छैन किनकि यहाँ प्रत्येक व्यक्ति-व्यक्तिबीच टकराव छ, प्रतिस्पर्धा छ। दाजु र भाइ, लोग्ने र स्वास्नी, बाबु र छोरा, दाजुभाइ र दिदीबहिनीबीच पनि प्रसङ्ग र विषयअनुसार प्रतिद्वन्द्वता र प्रतिस्पर्धा चलिरहेको देखिन्छ। सबैलाई आफ्नो अस्तित्वको मोह छ, स्वार्थसिद्धिको चाहना छ, कोही कसैका लागि केही गर्न सक्दैन र चाहँदैन पनि। यसो हुनुमा पनि हाम्रो समाज र हाम्रा कतिपय सामाजिक व्यवहार, आचरण र पद्धति दोषी देखिन्छन्।

बच्चा जन्मनेबित्तिकैदेखि उसमा हामी तेरो र मेरो भन्ने भाव बीजारोपण गरिदिन्छौं। सुन्दर भविष्य र समृद्ध जीवनको नाममा कलिलो बालमस्तिष्कलाई धनलोलुप बनाइदिन्छौं। हामी नै हाम्रा बालबालिकालाई दिनानुदिन मतलबी बनाइरहेका छौं, स्वार्थी र लोभी बन्न प्रेरित गरिरहेका छौं। हामी धन बचत गर्न सिकाउँछौं तर कहिल्यै परसेवामा धन खर्च गर्न सिकाउँदैनौं अनि अरूको दुःख र पीडामा मलम लगाउन प्रेरित गर्दैनौं। दया, धर्म, करुणा, स्नेह, सद्भाव र नैतिक आचरणका कुरा सिकाउन सकेनौं।

आफू कष्ट सहेर भए पनि अरूको ओठमा हाँसो ल्याउने कोसिस गर्नुपर्छ भन्ने भाव अन्तर्मनमा उत्पन्न गर्न/गराउन हामी कहिल्यै उद्यत भएनौं। हामीलाई हाम्रो समाजले धनी, सम्पन्न र वैभवशाली बन्न अभिप्रेरित गरिरहेको पाइन्छ।

समाजका केही अपवादलाई छोडेर समाजका बाँकी सदस्यले पढ्नु, लेख्नु र ज्ञान आर्जन गर्नुलाई नैतिक, सामाजिक, जिम्मेवार र सक्षम व्यक्तित्व निर्माण गर्ने दिशातिर लगाउनुपर्ने हो तर शिक्षादीक्षालाई जागिर खाने वा पेसा व्यवसाय गर्ने र धन कमाउने माध्यमका रूपमा मात्र रूपांतरण गरेको पाइन्छ। कसैको कमाइ, बचत, घर, गाडी, सम्पत्ति आदि हेरेर त्यसको वैभवसँग तुलना गर्छौं र आफूभन्दा सानालाई त्यसले त त्यत्रो प्रगति गयो, तैले के गरिस् ? भन्ने प्रश्न गर्छौं। यसले पैसाको पछि लाग्न र स्वार्थी बन्न सामाजिक दबाव सिर्जना हुनुका साथै वैभवशाली बन्न मनोवैज्ञानिक प्रभाव पारेको पाइन्छ।

कसैसँग हेपिनु हुँदैन भनेर हामीले आफूना सन्तानलाई अभिमानमा बाँच्न सिकायौं तर आफूभन्दा ठूलालाई आदर सत्कार गर्नुपर्छ, अभिवादन गर्नुपर्छ भनेर आचरण र अनुशासन सिकाउन सकेनौं, जीवनमा धनसम्पत्ति भन्दा नैतिक आचरण ठूलो हो, धनको तुलनामा इज्जत र प्रतिष्ठाको महत्व ठूलो हुन्छ भन्ने कुरा हामीले हाम्रा सन्तानलाई सिकाउने काम कहिल्यै गरेनौं। हामीले नयाँ पुस्तालाई अधिकार खोज्न सिकायौं तर कर्तव्य पूरा गर्ने नैतिक आचरण र व्यवहार सिकाउन सकेनौं। हामी धन आर्जनका लागि विहान उज्यालो भएदेखि बेलुकी मध्यरातसम्म खट्न थाल्यौं तर पारिवारिक दायित्व बुझाउन, पारिवारिक संस्कार र संस्कृति, सामाजिक भावना सिकाउन अलिकति समय निकाल्न सकेनौं। व्यापार, व्यवसाय र जागिरका लागि देशविदेश चाहार्दा चाहार्दै परिवार र छोराछोरीलाई समय दिन नै भ्याउँदैनौं अनि हाम्रा सन्तानलाई हेरचाह गर्न अरूको जिम्मा लगाउँछौं।

पैसाका लागि अरूले हाम्रा सन्तानको रेखदेख त गरिदिन्छ तर संस्कार सिकाउँदैन, सामाजिक उत्तरदायित्वका बारेमा बुझाइदिँदैन। बाबुआमाको छत्रछाया र प्रत्यक्ष रेखदेखबाट टाढा रहेका बालबालिकाको शारीरिक तथा मानसिक विकास प्रक्रिया

फरक किसिमको हुन्छ भन्ने मनोवैज्ञानिक तथ्यलाई अहिलेको धन र भौतिकताको पछि लागेको समाजले या त बुझेको छैन या बुझे पनि नबुझेको जस्तो गरिरहेको छ।

पैसा तिरेर विद्यालय पठाएपछि शिक्षकले पढाउँछन् र छोराछोरीले पढिहाल्छन् भन्ने हामी ठान्छौं तर साथी, सङ्गत, सामाजिक वातावरण आदिको प्रभावका कारण हाम्रा सन्तान गलत बाटोमा पनि लागेका हुन सक्छन् भन्नेतिर ध्यान दिइरहेका हुँदैनौं। जति बेला ध्यान जान्छ त्यति बेलासम्म धेरै ढिला भइसकेको हुनसक्छ। त्यसैले समयमै आफूना सन्ततिको चालचलन र आचरणका बारेमा विशेष ध्यान दिनु नै बुद्धिमानी हुन्छ।

काम, दाम र मामको पछि लाग्दा लाग्दै हामी सामाजिक तथा पारिवारिक दायित्व पूरा गर्न चुक्छौं। जीवनमा धन नै सर्वस्व हो भन्ने सोच्छौं। यही सोचका कारण अहिलेको समाज र नयाँ पुस्ता स्वार्थी, धनलोलुप र मतलबी बन्दै गएको महसुस हुन थालेको छ। यसका कारण तल्लो पुस्ताले माथिल्लो पुस्तालाई बेवास्ता गर्ने परिपाटीको विकास हुँदै गएको स्पष्ट देखिन्छ। समाजमा यही क्रम निरन्तर बढ्दै जाने हो भने यसले हाम्रो सामाजिक संरचना, मूल्य र मान्यताका धरोहर भत्कनुका साथै भयावह अवस्था उत्पन्न हुने निश्चित छ।

तसर्थ, समयमै यसप्रति हामी सचेत भएर हाम्रा सामाजिक संरचना, मूल्य, मान्यता तथा सामाजिक मर्यादा र माथिल्लो पुस्ताप्रति तल्लो पुस्ताले निर्वाह गर्नुपर्ने दायित्वबारे शिक्षित र दीक्षित गर्न सक्नुपर्छ। बाँचुन्जेल ठूलाबडालाई आदर, सत्कारपूर्वक पालनपोषण गर्न र उनीहरूका ज्ञान, अनुभव र सीपले भरिपूर्ण विचारलाई आत्मसात् गर्दै अधि बढ्न प्रेरित गर्नुपर्छ अनि मात्र पुस्तान्तरबाट सिर्जित समस्या केही हदसम्म कमी हुन सक्छ।

धनले खोक्रो आदर्श र भौतिक सम्पन्नता पाउन सकिँएला तर शान्ति, सन्तुष्टि र मानसिक सुख किन्न सकिँदैन। इज्जत, प्रतिष्ठा, लोकप्रियता, सामाजिक सम्मान र मानसिक सुख प्राप्त गर्न सकारात्मक सोचको विकास अनिवार्य छ। धन सुख प्राप्त गर्ने साधन हो, साध्य होइन, धन जीवनको एउटा पाटो हो सिंगो जीवन होइन भन्ने भावनाको विकास हामीले नयाँ पुस्तामा विकसित गर्नुपर्ने समय आइसकेको छ। अहिलेको आवश्यकता भनेको नैतिक आचरण र सामाजिक मूल्य र मान्यतामा आधारित समाज निर्माण गर्नु हो। यस कार्यमा सबैको सकारात्मक सोच, साथ र सहयोग अपरिहार्य छ।

२०७१/६/१, कपन, काठमाडौं।