



BABA

Newsletter 2076



Welcome to Baba Boarding School's second Newsletter for the academic year 2075 BS. This edition of the newsletter covers all major activities that were organized by Baba School from the 2nd term, till the end of Chaitra.

Keeping up with the progressive trend that was set from all the previous sessions, it has been quite an exciting period for us as an educational institute. We have been busy providing our students with amazing learning activities, outdoor learning campaigns, educational field-trips, a versatile range of sporting activities, a Parent's Day event, celebrating various International Days, and International teachers and students exchange program.



Promoting International Mindedness

Modern education is no longer confined to school premises anymore. Today, it has crossed the boundaries of traditional academics and found itself rooted in the very essence of our students to help them build a globalized and international mindset.

We at Baba believe in producing globally adept students who still retain their Nepali roots and values. We strive to create an environment where our students feel like they are members of the global community and are encouraged to contribute towards the development of the world.

It is very important to foster an environment that caters to international minded students, encouraging positive behaviors such as respecting and accepting people of different cultures, religions, castes and beliefs. It also provides them with an understanding of the complexities of the world and their roles in it.

On this context, students of Baba visited SAFA Community School in the United Arab Emirates in the month of February 2019. The purpose of the visit was not only to strengthen the bond between Baba school and SAFA Community School, but also to promote the concept of international mindedness

and to facilitate a cultural exchange so that our students could learn the differences in the educational systems on a global context. The visit allowed students to actively participate in, and learn from international classrooms while building up their self-esteem and self-confidence through interactions with other students. We were delighted to see our students making new friends and engaging in various enjoyable activities in the classrooms.

We witnessed how SAFA community school applied the idea of international mindedness by prioritizing the concept of humanity into their students. It was an amazing experience to see how the students of the community school were taught about the significance of building moral values and the importance of respecting each and every individual, irrespective of their background. The moral concept that failure is a part of life and that there is no success without failure were taught to our students all through the classes by bringing up failure and success stories of various of the world's successful personalities.

Our students witnessed how the students of SAFA community were self-aware of their weaknesses and

how they were taught to overcome them with patience and precision. They were never intimidated by the prospect of their friends becoming better than them. They were rather taught to be happy about it and to take it in good spirit.

The visit was also marked by a teachers training program where they went through an intensive workshop that was aimed towards making them understand the difference between our teaching methodologies. They were also made to experience a number of international teaching methods by themselves.

Overall, the visit to SAFA community school has greatly helped both our teachers and students in their teaching and learning methods. The visit also helped them attain a new perspective of life. The school will continue to explore similar programs with the intention to expose our students and teachers to unique learning opportunities in order to be a contributing and productive member of the global community.



Irine Shrestha
Principal

Immersing into the Character

Baba drama Competition was held inside our school hall. Drama Competition was categorized into two levels with two different languages. They were primary level and secondary level with English and Nepali Language.

I was too excited for the drama competition. It was a huge opportunity for everyone to participate in the drama competition to show our talent in front of the mass and judges. I was too lucky that I got a chance to participate in both English and Nepali drama. The topic of English drama was 'The Magic Apple' and my character was dwarf and



the topic of Nepali drama was 'Churot and Raksi'. I was the narrator of this drama. We were so nervous to go to stage for our drama performance but still everyone gave their best. After, finishing the drama everyone was happy and curious about the result.

It was the memorable time for me and for everyone who participated in different characters. The main motive behind these kinds of activity for us was to become self-confident.

Sushan Karki, Grade: 9

Father's letter to a Daughter

Book review has given me better insight to understand and acknowledge from the different perspective about the book. So, basically this book is a collection of 30 letters written by Jawaharlal Nehru to his 10 years old daughter, Indira Gandhi in 1928 when he was in jail and she was in Missouri. A father and his daughter. The bond has to be seen to be believed. This book is about slightly incomprehensible father, who is not able to spend quality time with his daughter, owing to his political obligations and thus, tries to form a bond with her by writing letters to her from prison.

In this book Nehru talks to his daughter Indira both lovingly and with clear respect for her intelligence, treating a ten-year-old young girl as the future leader she would become. These letters are not the usual communication between a father and a daughter.

Going through the letters I come to know that this is not simple letter to a daughter, but a way that developed a standing bond between a dad



and daughter. The letters neither talks about daughter's dreams nor the father's worries or expectations, but are an effort at the daughter's

education, especially her outlook towards her country and world at large. Indeed, we see in these letters the foundation of becoming a future leader.

In this letter, Nehru begins with the very beginning and talks about the basic history of the world, origin of the solar system, the story of civilizations, and the story of people. He talks about how the world was formed, how life evolved in this earth, about how there is a book of nature, where we can learn about the prehistoric times by observing rocks and fossils. He talks about how people began forming tribes. How there is many races and languages in the world. The story of how there is monarchs, how different classes came into being, talked about the ancient Egypt.

In the book review, we were provided different topics and according to the topics we highlighted the book in different issues addressed by it. It was a very wonderful excitement for all of us.

Saksham Subedi, Grade: 6

Voice of Innocence

I don't know what happens to the people; their feelings and their imagination but every time when I see and hear the incident of child abuse and girls abuse, I feel sad, insecure and unsafe. Every time, when I encounter these types of news, I feel that there is no space for us in this world. But I feel safe, secure and free when I enter the Baba compound and I think that I am in the world I meant to be.

Nearly about one year back, a viral news spread all over the country and in the world that one of our Nepali, 13 years old daughter "Nirmala Panta" was brutally raped and murdered. Even today this massive problem has not been solved yet. Due to extreme policing and impunity of political leader, even today, every single minute thousands of Nirmala Panta are fighting for their rights. High ranking officials are blamed and suspended in the case. What has she done wrong that she had to lose her beautiful life at the young age.

There are many forms of child maltreatment including neglect, physical abuse, sexual abuse, exploitation and emotional abuse. Whatever the cause may be, child abuse is a very serious case and in most of the case, the victims are unknown of what is going with him or her.

In today's world, children are mainly used in sexual activities, labors, drug smugglings, trafficking and organ transformation. Which are really against their rights. So, it has been such a global epidemic that many concerned people are dedicated to put to an end. To do this, we need to increase awareness of the issue at first and various orientation class must be organized in all the cities of Nepal. We also got chance to learn various precautions to fight for ourselves and fight against the abusers in our school. This orientation class was mainly focused on awareness of all those abusive activities and the subject matter.

I am very thankful to the school management that I had chance to participate in the orientation class. I feel staff, teachers, the management and students are very much concerned about it and respect the rights of both child and women. So, I hope and I am certain that we will get this kind of awareness program on various issues through our school management time and again.

Tsering Lhakyi, Grade: 9



Beecreative class

Bee Creative class is a big platform and opportunity to explore our creativity and learn and share ideas with each other. From the beginning of this year we have been learning many things from Bee Creative class and we never want to miss this class. We co-operate with each other, we invent many things, and we get knowledge about different things. In our Bee Creative class we have some rules to follow. If we understand we do thumbs up. If we don't understand we do thumbs down. If the teacher says 5, 4,3,2,1 we should leave the things and pay attention at teacher. We should raise our hand to share answer.

Everything we make in this class is related to science. We make project related to electricity, motion, force, light, pressure etc. It really helps us to have a deep understanding of what we are learning by keeping our hands on the material to accomplish our various task.

Beecreative also organizes design challenge twice in a year for us and it is an event where we get an opportunity to show our learning outcomes from the Beecreative class to our beloved parents.

This year I got a chance to get involved in 1st design challenge. We were divided into groups and every group



had three members each. We were given chance to make project on the topic to make a vehicle which can be used to lift load in village area. As my teammate were Dilasha and Basanta, we decided to make a van or truck with the provided material. Color, paper, hot glue, cardboard, stick, pens were some of the materials that we used it for our project. All the teams involved in the Design Challenge made beautiful things.

At the end of event there was batch distribution program and our team got best group (Terrific team) batch among all the team. We were very happy to get that.

It is a great experience participating in design challenge and Beecreative class.

Pranisha Dhital, Grade: 7

Bhawisya National Steam Challenge

Everybody says I am a playful girl and most of the time I am lost in the materials around me. I don't have much knowledge about my nature but my teachers and my parents always believe that I am restless and inquisitive to do the things new. In school, I mostly enjoy the experimental classes especially of Science. I am very much fond of creative thinking activities. I become very excited because I can play with the materials.

I represented my school in Steam Challenge organized by Karkhana, Nepal. Nearly two hundred schools from the valley performed their skills with the given materials. Having practiced hard, I along with my team members brainstormed an intense couple of hours. Learning and practicing 'Design and Creativity Classes', we had to create a working model. We finally decided to prepare a water cycle model with the help of available materials. Overcoming nervousness and full of excitement, we were ready for the presentation in front of the crowd participating and non-participating students and of course, the jury as well.



The main idea of the program was to develop the student's skills and provide an opportunity to exchange their opinions with others. The program was really encouraging for the learners to quench their inquisitiveness of creating new things. It was a fair event and nerve wrecking for me.

Nayana Shakya, Grade: 8

Experience of Bee creative class

Bee creative class is the most innovative class of our school, where we learn different things in a creative way. It makes our mind fresh and active while doing the challenges given by our teachers.

In fact, becreative also organize many programs such as design challenge, Karkhana mela, stem challenge and many more. Although the program is less but the entertainment is unlimited. Bee Creative has also organized two design challenge in our School.

In first design challenge, our task was to make a vehicle that can easily move in the difficult tracks of the mountain area. In second design challenge, we made traffic signals and light house. In both of these challenges we were awarded in five



different categories such as "Most Creative", "Most Innovative Idea", "Most Distance Covered", "Best Team Work" and "Most Clean Environment Managed". These events have definitely challenged our mind, kept us active and fresh, learned important life skills, understanding

and knowledge. We would like to thank Bee Creative class and School management from our bottom of our heart for organizing such wonderful and meaningful programs. All of these reasons make our experiences in bee creative class so good, nice, fun, entertaining and knowledgeable.

Grade 6 - Saksham Subedi, Bishesh Mahat, Norsang Moktan and Nima Tashi Sherpa

Learning by Serving



Education is no more limited inside the classroom. Each day we learn something new through observation, activities and from different sources. At Baba we learn by serving other in different forms. As a part of service-learning activity, we the students of grade five took initiation to serve the children with autism. For this we collected money and bought different food and sports item and donated to the children of Special School for Disabled and Rehabilitation Center (SSDRC) which is located at Old Sinamangal. We were welcomed by the staff members of SSDRC and the children were very much excited to see the visitors. Some of them were scared of the strangers while some of them were very aggressive. Miss. Sabita Upreti, the founder of SSDRC oriented us about the autism and its symptoms. She also informed us about the various problems faced by the autistic children as it is very difficult to identify autism and people often get confused it with normal behavioral problem of children. We visited the center and saw children who were divided into different classes on the basis of their learning stage. Some of them were taking vocational classes too. We distributed the food and sports items and the children were very happy. We felt good to serve other people. We also supported the children by buying the gift items such as purse, bangles and earrings which were made by the autistic children. From this visit we learned to love and respect the people with disability and got inspiration to help and support other.

Sharon Sherpa, Grade: 5

My Experience on Story Review and Theme



My experience on story review and theme-based activity was very exciting this year. We got a chance to invite our parents to witness our learning activities by organizing Coffee House Session for our parents and teachers. We had prepared presentations in different topics related with literature and theme-based learning. From the story review section, we did the activity from the book "Letter from A Father to His Daughter".

This is a wonderful little book about the history of the world from the perspective of the first prime minister of India. I was thoroughly impressed with Mr. Nehru's knowledge about the world history, which was expressed in letters to his ten-year-old daughter.

My another presentation was based on critical thinking skills. I had to speak about my own perspective if I were the librarian of my school library. While speaking in front of parents, I was quite nervous but I started feeling comfortable after a while. I had great experience in coffee House.

Sudrishti Shrestha, Grade: 6



My First Horse Ride

Wind Horse Stables is a riding club entertaining people from all age group. It is a place where we can learn, visit enjoy and spend the most valuable time with friends and families. It is located in Gokarna. They offer various programs for riders of any level.

We went to Wind Horse Stables with our teachers and friends. We were welcomed by staff members with lovely environment. They gave us information about the horses which were well-behaved. It helped us how to behave with horses and how to overcome the fear. I was nervous and scared in the beginning but was very excited during my first horse ride. Not only horse there were different types of cows and birds. The staff gave us information about them. We also played music and danced. It was a very happy day for us. We enjoyed it very much.

Kritika Tamrakar, Grade: 1

A Visit to Prashanna Plastic Udhog

We had a plan to visit an industry for our practical education in account subject and our Anoj teacher made it possible by planning the visit to Balaju Industrial Area. We were very excited about how an industry runs.

We reached around 11:30 in the industry area and started to observe different areas of the industry. We went there to study the positive and negative impact of the plastics in the environment. The industry was established in 2050 by the owner Mr. Suman Shrestha.

According to the owner, to run an industry is full of challenges. Among them government regulations and trade union, unstable government, lack of security and long hour electric power cut off are the major obstacles faced by the factories. The currency fluctuation and the increasing rate of dollar is also another challenge as the raw materials were bought on US currency.

Industries being the main source of employment for the large number of people, government should have proper planning, clear rules and industry friendly regulation for



the security and smooth running of the industries.

Lastly, clean environment is very essential for us to live. Use of plastic can't be totally neglected but if we utilize it in a proper way then it will be a helpful factor for our daily life.

Saksham Acharya, Grade: 9

Workshop on Authentic Leadership for Sustainable World



Baba conducts many educational and counseling programs every year. This Year also our school conducted the counseling program and the guest speaker was Mr. Pratik Chhetri the ex-student of our school.

Mr. Chhetri is currently working for the benefit of people in health sectors and health policy. As being the scholar student of Baba school,

Mr. Chhetri had secured board 9th in the SLC examination. Coming from middle class family, people used to look down on him, so he wanted to gain respect not only for him for his family too. According to Mr. Chhetri the only way to gain respect was education. He set a goal to turn his dream into the reality through hard work and dedication and his hard

work paid off eventually with the opportunity to study in a reputed university in the United States of America.

He is a science student with qualification of master's degree in Chemistry. He realizes that science was not his cup of tea so he moved to Health Service Centre. He is now working to create the condition of Health Policy for the people worldwide.

The workshop he conducted was full of fun and excitement which was perceived from the different perspective. Mr. Chhetri also talked about the leadership and the very important components. From Mr. Chhetri's dynamic presentation, we have learned to build self-confidence, overcome the cultural barriers and develop ourselves to become a true global citizen.

I hope Baba School will conduct more classes to build up and shape our personality in the days to come.

Hasila Lama, Grade: 10

Exploring the Beauty of Bandipur

I was very excited that morning. In fact I could not sleep well that night with the excitement that we were going to visit a new place. I had already packed up everything I needed for Bandipur trip. When I reached school, some of my friends were already there with their parents. They were also very eager about the



visit. First of all our teachers oriented us about the visit. All the things we need to do and not do during the trip. Then we set up towards Bandipur in a Tourist bus. On the way we had our lunch at Hilltop Restaurant, Malekhu. After taking rest for few minutes we again continued our trip. We the students of grade four and five were divided into five different groups and our teachers guided us to carry out different activities. After reaching the hotel we went to visit Bandipur Bazar and Sunset on the first day. Next day early in the morning, we saw the Sun rise from Adventure Camp. Bandipur is located in Tanahun district and is one of the major tourist destinations of

Nepal. During our visit we met tourists who came to visit Bandipur from different countries and from within Nepal. During our interaction with them we came to know that they like Nepal's natural beauty and world famous heritage. There were not big markets like in cities, the houses

were scattered and there were not modern buildings. But still it was so much fascinating. The people were simple and helpful. We asked them about the cultural and social life of people of that area.

During the trip we played, sang, danced and shared our happiness with each other. We learned to work in team. We filled up the questionnaire which we had carried with us. I hope we will have opportunity to visit several new places in the days to come.

Pasang Lhamu Sherpa, Grade: 4

3Di Learning Outcomes

From this year we got to learn about the new subject 3Di. In this subject we learn about different topics. After learning few months we got opportunity to showcase our learning to our parents through 3DI Learning Outcome Presentation. Friends of grade 4 also participated in the program. We were divided into different groups and were given different topics. Such as one-point perspective, seasons, pencil 2D, photosynthesis, water cycle etc. The program was conducted in two phase. At first, there were Aayush and Chayub in my team and the topic was 'One Point Perspective'. In the second program I presented about Water cycle along with my friends. I had



better experience in second program. I enjoyed the topic as well as the cooperation of my friends. We could share so much with our parents. My parents were little confused about the subject in the beginning. But once they saw our presentation they were satisfied. They were happy with our program because it was little different than our regular presentation.

Simran Shahi, Grade: 4

The Knight of My Life

When I'm in a dark time
He comes to me in that time
and says
"Don't worry I'm here for you
And I'll always protect you"
Then
I was happy again
I was smiling again
Then I knew
He was the knight of my life
Then I knew
The knight of my life
But when he's gone
I'll be sad again
The knight of my life
MY FATHER...

Yangtchen Sherpa, Grade: 4

Bullying in School

Bullying means negative and unwanted behavior among school aged children and adult. There are different types of bullying that can be experienced by children and adults some of them can clearly be seen while other can be more subtle. Physical bullying includes hitting, kicking, pinching, pushing etc. it causes both short term and long-term damages. Verbal bullying includes teasing, insulting and humiliating. Verbal bullying looks less destructive but it has deep psychological and emotional impacts in the victims. It destroys the victims that get bullied. Cyber bullying is also very common these days. Cyber bullying is the use of the internet cell phones and other electronic communication devices to spread harmful or embarrassing information about another person cyber bullying can be information



on text and picture and even videos.

Bullying is very much common among the school children. Considering this possibility our school provides us different awareness classes which help us to stay alert. We know about the negative impacts of bullying and we try from our level to prevent it. As a senior we feel our responsibility to keep our juniors safe from such activities. Internet has been very important part of our life but it has the risk of cyber bullying. So, we should not misuse it to chat or interact with unknown people. If in case someone bullies us we should report it to our parents, teachers or any of the senior members.

Manir Shrestha, Grade: 5

My Experience in Fancy Dress Competition



"It's not about the dress you wear but the life you lead in dress"

Role playing is one of the most important tools of learning. Our school conducted a fancy dress competition on the occasion of Dashain. The purpose of this competition was to develop confidence to get on the stage and speak in front of mass. On this day children came dressed up in colorful costumes and I dressed myself as a mermaid. My dress was very bright and beautiful. My mom helped me to make my dress by the use of plastic. I spoke about mermaid. I was little scared. Still I got third position in the competition and was very happy. My mom had come to see the competition and she too was very happy. From this competition I learned a lot about recycle reduce and reuse. I gained the confidence too.

Devyani Khadka, Grade: 3

Best Friends

Our life is nothing without our friends, especially our best friends. Best friends are the ones who know and understand us. They are the one whom we trust and share our secrets. I guess everyone shares his/her sorrow and happiness with his/her friends. We really can't understand other people's feelings. But amazingly our best friends do understand all things about us. They know our all likes and dislikes and every other detail they are the most precious people in the world. A true friend is not just the one who cares for you the most but one who is always there for you in your ups and downs. And a true friend is our best friend. Love your best friends and build a great love, trust and deep friendship with them; they are the one who always help us throughout our life.

Aarambha Budhathoki, Grade: 5

Christmas Day

It was the Christmas Day. I went to my school and kept my bag in my classroom. Then I enjoyed in our assembly by singing and dancing. I played with my friends. In our classroom we cut cake and received gift from teachers. Then I ate my lunch. Then we played lots of games. Our teachers told us the importance of sharing and caring. We enjoyed that day very much at school after that I returned to my home by bus.

Umisha Bhandari, Grade: 1

A Step Towards Better Society



For the community service we went to visit Old aged home Nisahaya Sewa Kendra in Tinkune. We were eagerly waiting for the day because it was a new experience for us. We had bought some fruits and biscuits and also made greeting cards with some message to the old people. There were around 40 old people from the age of 60 to 85. Some of them were sick and getting medication. There we saw some nurses who were taking care of those people. During our visit we met students of other schools too who came to support the old people. There was a peaceful environment and they were provided good facility in the old aged home. We talked to them and gave the things that we took along with us. They were very happy and treated us like their own grand children. We felt very good to help the people in need.

Yunchen Gurung, Grade: 4

A Day Dedicated to Our Parents



We celebrate Parents' Day to show respect and love to our parents. In our school we celebrate Parents' Day every year by organizing different activities. This year too we celebrated it on 28th of Magh. We did so many things like drama, dance and music. Our school premise and the stage were beautifully decorated. I performed group dance on the song 'better you can dance' and then performed group song 'we are the world'. Then I took part in English Drama 'Five Dancing Princess'. It was so much fun to take part in so many activities. Our teachers and all the friends and our brother and sister worked very hard to prepare for this day. It was a very special day for all of us. My parents were very happy and enjoyed the program.

Agrim Niraula, Grade: 2

Narayanhiti - Unfolding the History of Shah Dynasty



We the students of grade 4 went to visit Narayanhiti Palace. We got the ticket at the main gate and went to the palace. We found out that it was the palace of Shan King, built in 1963. The place consists of many rooms which were beautifully decorated. There were many paintings, photos and other different objects used by the Shah dynasty. We saw attractive crown, which contained diamond and pearl. My favorite things were the

royal crown and the rooms which were named after 75 districts of Nepal. The garden was also very big and beautiful. We saw the place where king Birendra and his family members were shot.

After visiting museum, we could imagine the life style and culture of people in the past. It gave us information about the Shah dynasty of Nepal. So, I think visit to Museum is very important for students.

Satyam Pradhan, Grade: 4



Birthday

Birthday is the day when
we were born
Our life and days
Were started from birthday

This was the day
when we got a life
Our birthdays
lies in different dates

We should feel proud
that we have birthdays

Sonika Bhandari, Grade: 4

My Participation in Performing Art

We celebrated Parents Day on 21 of Magh, Monday. As a part of celebration we students of grade five performed a drama 'Aarubahadur'. It was interesting and funny. All our parents liked it. It was a Japanese story written by Haruhitta Noju. Our teachers helped us to perform the drama in parents Day. My friends were also involved in it. In the story there were different characters like an old man, old woman, a son, dog, crow, monkey and villagers. I played the role of father whereas Manir acted as my son, Aarubahadur. My friends Abshang, Sishant and Aman were in the role of different animals that help the main characters in his mission, and other classmates were in the role of villagers.



The drama was about a brave boy who fights for the welfare of villagers. In the story there was a couple. They were sad because they didn't have their child. One day they got a baby from Aaru, (peach)

and named him Aarubahadur. They were happy and took good care of their child. They worked very hard to raise that child. When the child grows up and becomes a young boy, he decides to fight for the villagers against the thieves and kidnappers. With the help of villages he succeeds to do so. Through this drama we conveyed the message that we should be good and honest; we should always help to each other.

We all the students were very happy to get this platform to showcase our talent in performing art. We find this very helpful to develop our confidence and communication skill.

Arnab K.C, Grade: 5

Cricket – It's not just a game

The history of cricket traces back to the British rulers who used to play cricket in the leisurely hours. Cricket as a sports overspread as the British expanded their rule over the world. So, cricket became popular among those countries once colonized by the British. It was previously known as a sport of the aristocrats. Nowadays, it has been popular around the globe even in least developed ones.

Cricket is a game played between two teams. Each team consists of 11 members and altogether 22 players in a game. It requires a big ground and a well maintained pitch to bat and bowl. Bating, bowling, fielding, wicket-keeper, catch-out, out, run-out, LBW etc. are the most common key terms. It is played in different formats – test match (for five days) and limited overs like one day international (50 overs) and t20 (the shortest format) .

Cricket is in my nerves. I grew up with my father who was once a cricket player. I often saw him playing cricket and watching matches live on television. So, cricket implanted in my mind and heart from childhood as I brought up with bat and ball and cricket mania. Watching world great legends like Sachin, Gaguli, Lara, Gyale smashing the ball all coners of the ground so fascinated me that I can't remain just idle. This is how, I ventured to play cricket and of course my priority went to hammer the ball with the bat to the fence. As I started to hold the bat and spin the ball, I came to know it was cheap and simple. It requires much discipline and dedication and patience to grow as a player. One must be fit and focused. The balance diet is always crucial to maintain as a true player who could



perform the best. I learned cricket not just a mere game but 80% of mind and 20% of physical game. According to my experience, the bowler should decide to pitch the ball at the length where batsman cannot play a shot while the batsman must play according to the field and search for gaps to score more runs. The bowler must keep the fielders in the way the batsman is playing.

Cricket is not simply a game of fun and leisurely hours. It has now turned up with professionalism with great zeal and enthusiasm. World class corporate franchises started sponsoring and investing on the players. So, cricket is not only a business but also an industry now. Most of the youngsters dream to make their careers through cricket because of its overwhelming craze and fan followers and lucrative profession as well. Thus, cricket is not just between two teams but also a national pride and a means of diplomacy among countries.

Samrat Bhusal, Grade: 9

Parent's Day

Parent's Day – 2075 left me an unforgettable memory. I was excited and felt proud at the same time when I had an opportunity to take part in Nepali drama.

'Bahulakaji ko Sapana' a famous Nepali play where I had an opportunity to play the lead character of Bahulakaji. Strictly driven by the poverty, Bahulakaji wanted his friend's son to get better education so that he would remove superstitions, injustice and foul activities from the society and the community would be a better place to live in. Here, Bahulakaji displayed the ideal character who inspires all the people in the community. I think Bahulakaji outplayed the role of each parent who dreamt his children to surpass that border line of poverty and achieve the goal in life.



Usually the parent's day marks the calendar with extraordinary performances of the school. It is also considered as the annual celebration that invites all the parents who witness their children's live performances. It is the day of full of excitement, fun and fanfare. The students outperform confidently in front of the parents what they learn throughout the year. It is the rare platform that displays the inner talent of the students and builds

confidence level high.

It remained a notable experience for me and treasure this moment in my life. Though there were many other performances –musical numbers, dance items, solo songs and orchestra band live, the drama still remained the most favored choice among the parents.

Shaswot Sharma, Grade: 9

Building Confidence Through Presentation

It always feels great to share our experience and learning with our parents. Our parents are very much concerned about our studies and school activities. So, our school organizes different activities in which our parents come and see. Theme and Story review is one of such opportunity where we share about



different topics that we learned. For grade 5 it was held on 19th Asoj 2075 on Friday. We had invited our parents. We were divided into three different groups. One group gave their presentation on the book 'The Treasure Island', and another group presented on Nepali story. Our group presented in different topics of Theme. I was in a group of nine people. We had to explain about two units of Theme. We were told to wear cultural dress which created more beautiful ambience. At first, I and my friend

introduced our group members. Likewise, other members also explained about their topics. With the regular guidance and support of our teachers we were able to give very good presentation in front of our parents. At the end, we all sang together. It was a memorable day which helped us to be

more confident to present in front of mass of people. It helped us to express the knowledge which we gained. My mom and grand mom came to see the program and they were very happy with our performance.

Finally, I would like to thank our school management for providing us such a wonderful opportunity.

Srassta Shrestha, Grade: 5

Sports day

Sports day refers to the day when all the physical activities are conducted on the behalf of various athletic events. Baba school is always known for its scholastic excellence along with extra-curricular activities and sports. The school has been house of athletes since 3 decades and has generated many national and international level athletes.



The annual sports day is one of the most awaited event for all of us in the school and has been a great platform to showcase our talent. The day includes races, relays, shotput, long-jump, skates along with many others. The main attraction of the event is March Past and PT drill by all the students of school, which they really enjoy and gets involved with full of energy. March past teaches us discipline and shows respect towards guest, teachers and parents, whereas PT is done to stretch our body and reduce

the risk of getting injured. All the parents are very happy to see us performing march past and PT drill as they were taking lots of pictures and videos.

The day was full of excitement and nervousness. As I myself being a house captain of yellow house, I was very excited for the results though my house did very well. This day teaches us that winning and losing are the parts of the games as well as a part of our life. But the way of reacting to it shows how practically educated we are. I was very happy to see the participation of the parents on the day. They came and cheered for their children and encouraged every child's spirit to do their best. They appreciated everyone's effort and hard work to make this day a grand success.

Zambala Sherpa, Grade: 9

Asian Roll ball Championship, Belgaum, Goa

Shivganga Roller Skating Club, India organized 3rd Asian Rollball Championship from 21st to 24th February, 2019. Many Asian countries like Nepal, Sri Lanka, Bhutan, Maldives, Saudi Arabia, Bangladesh and India participated in this championship. I had good memories and exciting experiences while participating as a member of Nepalese national squad for the first time.



I took part in the tourney representing not only Nepal but also the school as one of the players of the team. I think, my passion towards the roll ball rewarded me to be the part of the team. We all the players put all the effort to perform the best. This is why, our women's team reached quarter final and proved their caliber. There were other contesting teams who outplayed their skills. One of them was the Sri Lankans. Due to some of weaknesses and team strategy, we couldn't make it to the finals.

All the failures are the foundation to the success. Though they didn't win the game, the girls team

didn't give up and committed to perform better in the upcoming matches. We know that: "Winners never quit and quitters never win". It helped me build more confidence and better strategies for the next time. It was also a wonderful platform to enrich with many international friends with whom I am still continuing with regular exchange of ideas and communications.

Throughout the whole tourney, I experienced a very positive response and courteous hospitality with great facilities - hotel, stadium and food. The championship was very successful with the maximum number of countries from all corners of Asia.

I felt very lucky as I got a very nice opportunity to take part in the competition and got to visit Goa, a tourist hub famous for sea beaches and cool weather. Also, I learnt about true sportsmanship by observing other fellow participants. I was very inspired from them as I was the youngest player of our team. "good players inspire themselves; great players inspire others."

Agrima Pokharel, Grade: 9

A Visit to Dubai

On 27th Jan 2019, Baba School organized an international excursion program to SAFA community school, Dubai. This program included teachers, students exchange program and exploring the city Dubai and Abu Dhabi.

The next day we went to SAFA community school for the exchange program. This school was highly managed with the spacious learning areas. SAFA community school is an international institution where many students from various countries come to learn and take education.

When we entered the classroom, all the students welcomed us. The classroom was quite new for us and the learning technique in the school was fully practical and research based. All the students were provided with laptop which was facilitated with internet. Teachers gave assignment to the students and they had to complete the assignment with the help of internet. This learning technique was so interesting and enjoyable. We also went for the design and technology class where we made a beautiful locket out of normal zinc plate. I really enjoyed this learning process where learning is always fun and never gives the feeling of anxiety and depression.



On our second day in SAFA community school, we enjoyed new subjects and also played some games. I made new friends with different cultures, behaviors and religion which helped me a lot to know more about the school. Some of them even invited us to their homes but due to lack of time it was not possible for us. We went to the school for 3 days regularly. I was quite sad to leave the beautiful school and beautiful people I met there.

Every day after school hours our time was managed to explore Dubai city and surrounding areas. We enjoyed dessert safari at the Arabian desert and had dinner at the cruise which was a unique experience for all of us and also explored the Dubai mall which

included world's tallest tower Burj Khalifa, water fountain and aquarium. We also visited one of the highly managed city 'Abu Dhabi', we saw different luxury cars on the way, we went to world's largest mosque and the Ferrari world at Abu Dhabi which was completely new for all of us.

I can say that this was one of my best experiences which included learning and exploring. This event has taught me many new things. I will always be thankful to Baba school management for providing this opportunity to fill my album of memory and experience the real world and make new friends overseas.

Vesna Khatiwada, Grade: 10

Inter House Swimming Competition

Swimming is an individual or team sport. It requires the use of one's entire body to move through water. Swimming is one of the most popular Olympic sports. It is competed on various events such as butterfly, back stroke, breast stroke, free style and individual medley.

Swimming is considered as a complete package of human activities that one requires to be fit and fine. The movement of entire organs during swimming makes a wholesome exercise that our body requires. It helps us to be fit both physically and mentally. So, it is a very good sport that maintains our health and hygiene. It increases confidence level and helps to grow our muscles powerful and robust.

Being swimming lover, I was much excited to take part in inter-house swimming competition organized in Baba School. The venue was Dhanyantari sports complex,



Dhumbrahi. I took it as an opportunity to excel my skills. Not only me, other participants also enjoyed this as a true sport to prove their swimming skills to another level.

I believe Baba School is a real platform for swimming lovers to grow as better swimmers and make their career to another height.

Jimmy Sherpa, Grade: 8

Bhagirathi Smriti International Basketball Championship

Basketball has been the fastest growing sports. Most of the school students are tuned up with its popularity. It has been the first ever choice among the school students. Baba has been facilitating basketball and it has been an integral part of ECA. The school is highly active in basketball. Many tournaments are being held within the valley and Baba school participates in most of them holding the ranks. One of them was "Bhagirathi Smriti International Basketball Championship".

The championship was organized by Alive Events and Rotract club of Chitwan which was held in Little Flower School, Chitwan. The main objective of this tournament was to spread basketball game in Chitwan. So, our school team along with our school ECA coordinator, Mr. Dickesh Pradhan boarded for Chitwan on 25th Mangsir.

There were many teams from different districts and neighboring countries participating in this tournament. It was the first ever match out of the valley. We were excited as well as nervous for the first match against Central English Secondary Boarding School, a local team. This game was fully one sided and Baba nailed it by 106-34.

The organizers were very supportive, helpful and friendly. The boys were much excited with the hospitality and courtesy extended by the organizer. They booked a good hotel that served better food, hospitality and awesome management.

The next day was a match against a school of Bangladesh. It was a competitive one because the players were tall. But we didn't lose hope and played with full effort and defeated them. The next was the semi-finals. It was a cup of tea for us. It was against Little Flower School, the host.



The next day was the final of the tournament and the rival was from India. We were much nervous because they were taller and stronger. Our coach Dickesh Pradhan came up with a new strategy. We implemented as per the planned and finally overcame them. We overjoyed with happiness and excitement. Our happiness left no boundary untouched and burst into joy. It was an unforgettable moment for us and huge achievement for Baba school.

The jubilant teammates quenched their excitement and happiness visiting some places like CG temple, local market and Narayani beach. We had a boat ride in the Narayani River and had delicious street food that we had been hungry for. It was a good memory and experience. In reality, most of the players wanted to add another feather to their cap winning the tournament.

Our team was awarded with trophy, medals and certificates. Thinley Tshering Lama of our school was awarded with The Most Valuable Player (MVP) of the tournament. It was very precious moment for us. We clicked some photos and yeah, it was over.

Palden Sherpa, Grade: 10

Winter Vacation

During this winter vacation, I spent a lot of time with my family. First, I completed my homework then went to visit different places. I visited Chandragiri with my family and cousin's family. There was snow fall in Chandragiri hill. We enjoyed

a lot by playing snow balls. Then we went to park to play. We enjoyed at Water Park. Then next day of our vacation we went to Fun Park with my mother's friend. I played many games with my little brother. We went to restaurant and ate delicious

food. It was so fun on that day. We were very excited we had a party on next day. I enjoyed my vacation a lot.

Chutin Sherpa, Grade: 2

Make Your Mark

Everybody has their own unique life experience and perception. And most of them do not get chance to express their feelings. But fortunately, in our school we get that opportunity to express ourselves in various events in our school. Baba Ted talks is one of them where students could share their feelings and opinion on any topic. The main objective of the event was to enhance the speaking ability of an individual who may or may not be good speaker. In order to bring the best out of us, our school management had assigned Ms. Shawarni Khannal as our mentor to guide and help us. What I have experienced is that a ted talk is a great practice for the public speaking since there is no boundary on your thinking and also there is no judgment on your perspective.



Being in the spot light in front of a huge mass including my parents was a nerve-wracking experience for me. But still I took the courage to go in front of them and express my personal view on the topic that meant so much to me which was entitled "Every Person's foundation is a family". When I finished the topic, I felt like the time has stopped but

hearing of the people's applause and cheer was tremendous and the people I could only see at that moment were my parents who were smiling brightly. likewise, there were eleven participants and everybody had a topic to share. It was not a competition but it was a platform to improve the skills of public speaking and to boost up the self-confidence. I received the best speaker award in the category of girls.

Everyone has a voice and each of us craves to have it to be recognized. So, carve it with passion and bravery and intensity. Life is what reflects your highest values, your deepest beliefs and your greatest dreams.

Gungun Shrestha, Grade: 10

Responsibilities of Citizens Towards their Nation

Country is a term that means any independent nation with a define name and a geographic boundary. A country contains of many natural beauties, citizens, political leaders and others.

A country can only be developed if the political leaders become conscious about their state. The political leaders can develop the country by raising funds, avoiding corruption and

using the funds for development. Our country is very rich in natural resources which need to be utilized properly for providing development of every individual and country.

Both the citizen and political leaders have equal responsibilities towards their nation.

The citizens are base for their country and leaders are the pillars of their country. If one stops working, the development cycle will stop working so each and every one should get involve in development activities.



The citizens have the most important responsibility to elect their candidates as a leader. If they elect wrong candidates many social problems may arise as corruption, discrimination etc. Once a great person had said, "No nation can rise to the height of glory unless your women are side by side with you." In our country women are still back ward and uneducated in some of the provinces. They need to be educated to

contribute in country's development activities.

Citizens are responsible for the destruction of their country because they promote corruption for self-betterment and disobey the rules implemented by the government, neglecting its negative Impact on the society.

A country can only be developed if the citizens stop blaming leaders and act accordingly.

Ishan Dulal, Grade: 10

My School Life In Baba School

It is said, "School is a place where students enter with tears and leave with tears". Similar thing happened to me when I joined Baba School on 2062 B.S.

When I entered the school for the first time, I was really much horrified seeing new faces. It was the first time I saw huge mass of people.

I was the weakest student in playgroup and nursery because I didn't know even to hold a pencil. Later a fairy like mam held my hand and taught me to draw. I started doing well in studies. This is how; I started to catch up with my studies. At the same time, I enjoyed the school playing and talking with friends, learning what the teachers taught and classroom activities.

I still remember when I was in LKG we had shifted to a new school building. I wondered to witness lots of toys, dolls and playthings around and a big playground to play and jump and roll around.

The things started to upgrade as I was promoted to higher grade. In pre-school Maths and Nepali used to be easy for me. But later in



grade one, I found Maths a bit more complicated while Nepali harder. I worked hard in these subjects but I never got it. It became easier for me to understand the subjects when my teachers started using creative method to help us.

My school life went smoothly until grade 5 because the course of study was not tough while social and science were taught to us by thematic approach for better learning.

By the time, I was in grade six, I started improving in my studies and struggled little bit in Maths. I learned that it is not about how hard we study; it is how wise we study.

The most memorable days in my

school life was on 2072 B.S.. Those were two black days for Nepalese people. Two big earthquake tremors shook the country taking lives of more than thousands and making many more homeless. It was even more horrific experience for us as the quake hit hard in the school building causing a huge damage. Our classrooms were shifted down to temporary classroom set up for our safety. The school couldn't run the classes for more than a month. However, we could overcome all the hurdles and we were finally ready to go back to school.

Now I am in Grade ten and It is my last year of the school and our new building is finally ready. Our classrooms have been shifted to new earthquake resistance building which has better facilities than previous ones. This is like the second home to me. I have really enjoyed my school life and have made many precious memories in this school with my friends, juniors and ex-students of Baba school.

Amrit Budhathoki, Grade: 10

Musical Fiesta at Baba

"If music is food, then play it on". Musical band competition is highly anticipated event for music lovers in our school which is held every year. All the musicians were very excited to play and rock on this occasion.

The students were divided into four groups and two categories - solo song and orchestra. I was tuning as a lead guitarist in orchestra and a bassist in solo song. With my band, I was fully prepared



for this competition. The stage was ready and the sounds and instruments too. The competition started with orchestra. I was very nervous but excited too in the beginning. But when we went to the stage for the second time, I had already overcome the fear of stage and crowd. We performed very well on the stage although we couldn't make it at the top for the competition.

Binod Lama, Grade: 8

Baba Version of Ted Talks



Inspired by the famous TED-talk conferences that are organized regularly by the non-profit organization TED,

students from grades 9 and 10 organized a similar talk show in the school. The participants shared their creative ideas and knowledge on various topics that were both thought provoking and mesmerizing. Various government representatives, social elites and parents were present to encourage the students. The event was a culmination of the continuous guidance and mentorship classes facilitated by Miss Shawarni Khanal, former student of our school presently working as a radio and TV journalist. The event was very fruitful for the students and helped them explore their hidden talents which could lead them towards developing their dreams and aspirations. The event was marked by the ward president of Chabahil-7, Mr. Suddha Dangol and the principal of the school awarding the best speakers.

Performing Art at Baba



With the intention of exploring the innate potential and interests of our students, as part of our co-curricular activities, we organize different activities. As an art form, drama has been known to develop a child's confidence level, along with their communication skills and teamwork. Our students explored this artform to convey a powerful message of social reform.

Stories of Storytellers



Students from Grade 1 to 5 shared their learning experiences of Theme and Story Review in different functions that were organized in their classrooms. The events were witnessed by the parents. One of the parents shared her experience by saying "I feel very happy to see my child speaking so confidently and particularly enjoyed the character mapping activity". The thought was unanimously shared among everyone involved in the event.

Dashain Celebration and Annual Fancy Dress Competition



Baba School welcomed this year's Dashain Festival by organizing various events within the school premises.

One of the major attractions was the Fancy Dress Competition for the elementary level students. The students represented famous and influential characters by wearing handmade costumes that were constructed out of recyclable materials like paper, plastic and cardboard. They also introduced their characters and conveyed the message of the importance of protecting the environment through the 3R method (Reduce, Reuse and Recycle). The school commends the efforts of the students and the parents. The students performed group dances and the parents participated in different games. The celebration concluded in a joyous and festive mood. Dashain Tika and Jamara was also offered by the senior teachers and Parents.

Orientation on Child Abuse



With the objective of making our students aware of the various forms of child abuse that is occurring in the society, Baba school organized an awareness program for the students of grade 4 to 6. The program was facilitated by Mr. Namuna Sapkota, the representative of the social organization "Voice of Children". The main takeaway from the program was learning to build upon how our children could protect themselves from abuse.

Field trip to Special School For Disabled and Rehabilitation Center (SSDRC)

"Small acts when multiplied by millions of people, can transform the world." – Howard Zinn



Service-learning activity at Baba has given our students a special and unique opportunity to learn and develop the feeling of compassion, respect and a sense of social responsibility by learning from their own experience.

Under Service-Learning Activity, our fifth graders visited The Special School for Disabled and Rehabilitation Center (SSDRC), a non-governmental and non-profit making organization working to provide special education and training for children with Autism Spectrum Disorder. Our students donated money to buy sports materials and ration for the children of SSDRC. Our students were very happy to see the sense of gratitude in the faces of the children and the staff while receiving our support. Ms. Sabita Upreti, the chairperson of the SSDRC, oriented our students about autism, its symptoms and the kind of environment and support required for autistic children. They also got to know that people with autism are not very different from them and that everybody deserves love and respect. Following their visit to SSDRC the students were inspired to raise awareness about autism in their community and neighborhood as well.

Elementary Educational Excursion to Bandipur

"I hear and I forget, I see and I remember, I do and I understand."- Confucius



We believe that taking students outside of the classroom to experience a new environment teaches them the skills of social adjustment, teamwork, cooperation, and provides them with an overall enjoyable learning experience. This was evident when our grade 3 to 5 got to experience an educational excursion to Bandipur. Students collected memories to last a lifetime and also got to experience a mesmerizing sunrise from Tundikhel, and a breathtaking view of a sunset from Adventure Camp after a hike to the Shiva Temple. They also got to experience a local market. The students also got to interact with the local inhabitants and inquired about their culture, tradition and local products. They also conversed with visiting international tourists and shared their experiences with each other. It was a very successful trip where the children got to learn about the environmental conservation and building a suitable condition through a participatory approach.

Field Trip to Central Horticulture Research Centre



Our students have learned that fruits are a great source of many of the most essential nutrients, and that they should consume them in order to keep fit and healthy. They also know how the fruits that they purchase in the stores were cultivated in different parts of the world. To add to their already impressive theoretical knowledge, students of grade 1, 2 and 3 got to observe a wide variety of fruits and their trees during their visit to the Central Horticulture Center in Kirtipur. They gained a lot of practical knowledge on how different types of oranges, peaches, pears, grapes, apples, chestnuts, kiwi fruits, loquats and various other kinds of fruits are produced.

Parents Teachers Conference



We believe that regular communication between the school and home plays a vital role in the academic success of our students. Each child is different and learns things differently, and no one knows a child better than their parents. With this in mind, we have always welcomed input from the

parents concerning their children. This is why Baba conducts parents - Teachers Conferences (PTC). We have a strong belief that this type of partnership between the school and the parents will have a positive impact on a child's holistic performance. PTCs are a great opportunity for the school to discuss various aspects that might be affecting our student's learning and growth. It also allows us to have a direct communication about a child's academic progress, and to discuss strategies to strengthen their learning. PTC also assists in understanding the parent's perspective towards the school and get a better understanding on the outside factors that might be affecting a student's mood, behavior and their studies. We appreciate all the parents for their genuine feedback, concern and participation in PTC. We are always open to suggestions to help upgrade the quality of the services we provide in the school.

Design Challenge



The students of Baba school created a traffic awareness board using different electronic components. The content was based on the texts highlighted on the official handouts. The students of Baba believe in doing whatever they can to help reduce accidents in Kathmandu. The students applied the concepts that they learned during the "Fun with Electronics Bee Creative" workshop. The model board was based on the discussed problem statements. In this Design Challenge, students worked collaboratively in groups of 4 and 5 to design a solution to the problem. The students shared their solutions with teachers, parents, and visitors. They used different materials and brought their ideas to life in a colorful and vibrant manner. They collectively came up with many creative solutions to the problems. We would like to thank all the parents who showed up to support their children during this two-hour long Design Challenge event.

Annual Sports Day 2075



The much-awaited Baba Annual Sports Day was held on Saturday, 14th of Poush at Rajdal Army Barrack, Lagankhel. The program commenced with the Principal Mrs. Irine Shrestha welcoming everyone and emphasized on the importance

of sports in a child's life. Students competed in several sports events such as caterpillar race, skipping race, balancing game and skate race with great zeal and excitement. The energetic performance by students during their Taekwondo demonstration and March Past mesmerized the audience. The Red

House emerged victorious with 15 gold, 11 silvers and 9 bronze medals. Yachu Shrestha and Anuja Gurung from girls and Srijan Lama from boys were declared as the Athlete of the Year.

Visit to Central Library

With the intention of instilling the habit of reading and to encourage our students to build themselves up to be lifelong learners, Baba school took our grade 6,7 and 8 students for a visit to Tribhuvan University Central Library in Kritipur. The visit allowed our students to understand how public libraries operated and the type of service they provide. They also understood the value



of having a well-resourced library and how it is the central point of knowledge that contributes towards the academic success of people.

3Di Projects and Learning Outcomes



The 2nd of February was marked by grade 4 and 5 students of Baba School exhibiting their 3Di learning outcomes. They presented their projects to their parents in a brilliant manner in the form of animations and well-prepared presentations. The air radiated from all the energy, gusto and confidence that the students were projecting when they showcased their digital, academic and life skills by working on various softwares like STYKZ, Google Sketchup, Pencil 2D. Some of the topics covered were Seed Germination, Solar System, Plant and Animal Cell, Perspective, Gravity, Geometry etc. The students also showcased their brilliant photography skills that were thoroughly enjoyed by the parents. It was wonderful to see the parents interact with the students directly to encourage their individual artistry and innovation skills to help them become 21st Century global citizens.

Authentic Leadership for Sustainable World



The founder of Authentic Leadership Institute - Nepal, Global Health Advocate, and Social Justice Promoter, Mr. Pratik Chhetri, who is also one of our alumni, conducted a motivational workshop on the topic of "Authentic Leadership for a Sustainable World" for the students of grade 9 and 10. Baba School would like to thank Mr. Chhetri for his time. It was an honor to have him in our school. We look forward to working with more of our alumni in the future.

Transforming Classroom through Emotion



A training session on the topic of "Transforming Classroom through Emotion" was held for the teachers at Baba School. The workshop was facilitated by Karkhana Nepal. The teachers received insight into the various types of emotions, and how they can be used as a powerful resource to motivate their students from the very core.

Bhawishya National Steam Challenge

We are always striving to provide our students with different opportunities to nurture themselves into confident, creative and cooperative individuals, while also developing their problem-solving skills. We believe that by learning these skills at an early age, they can be equipped to tackle any and all future challenges. With this objective in mind, our students Nayana Shakya, Naresh Nepali and Sakshyam Subedi participated in Bhawishya National Steam Challenge that was organized by Karkhana. Based on the theme of "Bhawishya Solve", they presented their creative ideas on the topic of "Rainwater harvesting" and "The water cycle".

Efficient Teaching in 21st Century



As a part of our ongoing teachers' professional development program, our teachers were given a training on the topic of 'Efficient teaching in 21st Century' in a collaboration with 3Di School, Nepal. The training highlighted different teaching methods, proper pedagogy and tools that can be used to make teaching more fruitful and effective. The training was very informative and motivational and we believe that it shifted the paradigm of teachers in different ways.

Service-Learning Activity of Grade 4



As a part of our Service-Learning Activity, students of grade 4 visited a senior citizens home that is run by Nishaya Sewa Sadan at Shantinagar. They spent some time with the elderly and listened to their stories. They gifted them handmade greeting cards and fruits. The lovely senior citizens welcomed them with warm smiles. The students were also very happy to receive blessings from them. The visit wasn't all positive though, as they were shocked to see the bitter reality of our society where so many people are abandoned at old age due to various circumstances. The visit provoked a sense of empathy within the students. They also understood the joy in serving and realized their responsibility towards taking care of their parents and grandparents.

Book Review by Grade 7



Our students added to their understanding on the theme of 'National and International Personalities' and 'Natural Disaster' by sharing their learning and experiences with their parents. They also analyzed the book 'The Diary of a Young girl' by Anne Frank which narrates the tale of her harrowing experience of the Second World War. Our students described Anne's personality and explained how her thoughts, feelings, an unwavering sense of hope, dreams and determination inspired them.

Fieldtrip to Plastic Industry



Our students of Grade IX visited Balaju Plastic Industry to study about the cost, overall investment, laborers, employees, and production process of plastic. They studied about the raw materials used for the plastic products, storage system, chemicals, input and turnover. Our students also had an interaction with the proprietor of the factory about the future of the plastic industry and its impact in the environment degradation.

Annual Science & Technology Exhibition



Baba school hosted the Annual Science Exhibition and 3Di Learning Outcome Presentation in collaboration with 3DI School, Nepal. In the exhibition students displayed their scientific skills and creative thinking through self-designed working models and projects that they learned as a part of their curriculum of science and technology. Our students also impressed their parents with their 3Di Digital works and wonderful presentations.

Inter House Computer Quiz Contest			Inter House Spelling Competition (Grade 3-5)		
House	Participants	Position	House	Participants	Position
Yellow	Bishesh Mahat Sneha Shrestha Radhe Khoju Shrestha	1 st	Red	Aayush Bhatta Aarambha Bhudathoki Dikshyanta Bhattra Aksubhya Shakya	1 st
Red	Samir Shrestha Mingmar Gyelbu Anupam Pyakurel	2 nd	Green	Aarkrti Magar Cyrus Mahat Sumiran Shrestha Sishant Khatri	2 nd
Blue	Pratyush Sigh Diya Acharya Mamata Lama	3 rd	Yellow	Yanchhen Sherpa Genius Shrestha Ashim Gurung Bhinav Shrestha	3 rd
Green	Naina Shakya Dilasha Dulal Nitisha Nepal	4 th			

Inter house Cricket Competition (Boys)			Inter House Cricket Competition (Girls)		
House	Participants	Position	Group	Participants	Position
Yellow	Shrawan Tamang Zambala Sherpa Jamling Sherpa Bishesh Giri Sakshyam Acharya Tenzing Norgay Sherpa Prashant Parajuli Aayush Baniya	1 st	Group 'A'	Yachu Shrestha Anuja Gurung Tsering Lhujung Gurung Aashma Ghising Aahwini Tamang Daisy Sherpa Isha Tamang	1 st
Red	Ishan Dulal Binod Lama Shittal Ghising Tenzing Norbu Lama Mingmar Rushit Thapaliya Phurba Sherpa	2 nd	Group 'B'	Pema Chommu Lama Shenaz Shree Rana Magar Lhamu Sherpa Mamata Lama Anugya Pokhrel Diksung Sherpa Mingma Doma	2 nd
Blue / Green	Bishwo Raj Rai Nurba Sherpa Ritesh Guragain Sijann Rai Manish Luitel Sumin Shrestha Aavash Rumba	3 rd	Group 'C'	Agrima Pokharel Yangzen Sherpa Rukmani Tamang Senha Shrestha Akrisha Rajak Ashree Regmi Dawa Sangum	3 rd

Inter house English Drama Competition (Grade 6-10)			Inter house Nepali Drama Competition (Grade 6-10)		
House	Participants	Position	House	Participants	Position
Blue	Roj Shrestha Pema Gelek lama Shehnaz Shree Rana Magar Mamata Lama Aayu rai Shelly Chamling Rai Dolma Sherpa Shekar Dhamala Mingmar Lama	1 st	Red	Nare Anugya Pokharel Samrat Bhusal Manjil Gautam Srijan Lama Manish Shrestha Saugat Shrestha Thinley Lama Pema Gelek Lama Mingmar Lama	1 st
Red	Shittal Ghising Hasila Lama Dikshyant Bohora Mingmar Lama Yachu shrestha Dewol Maharjan Rushit Thapaliya Prashiddi Adhikary	2 nd	Green	Agrima Pokharel Sushan Karki Daisy Sherpa Tsering Lhujung Ishan Dulal Pasang Krisha Gurung Anuja Gurung Isha Tamang	2 nd
Yellow	Samprada Gurung Gungun Shrestha Shubam Shrestha Ashree Regmi Neeera Grung Bhaichung Sherpa Laxmi Tamang Sushan Karki Chiring Sherpa	3 rd	Yellow	Bishesh Giri Zambala Sherpa Sakshya Acharya Sangam Shrestha Aayush Baniya Chiranjivi Limbu Jamling Sherpa Shrawan Tamang Norsang Moktan Rinchen Sherpa	3 rd

Inter House Swimming Competition			
Categories	House	Participants	
Freestyle	Senior Boys (Group A)	Green	Sonam Chiri
	Senior Boys (Group B)	Blue	Thilen Pakhrin
	Junior Boys	Blue	Nima Tashi
Breaststroke	Girls (Group A)	Red	Shisam Shrestha
	Girls (Group B)	Blue	Aayu Rai
	Senior Boys	Green	Ritesh Guragain
Backstroke	Junior Boys	Blue	Thilen Pakhrin
	Girls	Yellow	Samprada Gurung
	Senior Boys	Green	Sonam Chiri
Butterfly	Junior Boys	Blue	Thilen Pakhrin
	Boys	Green	Ritesh Gurung

Inter House Fancy Dress Competition (Grade-1)		
House	Participants	Position
Red	Samuhan Rai	1 st
Red	Dawa Chongi	2 nd
Blue	Umisha Bhandari	3 rd

Inter house Fancy Dress Competition (Grade-2)		
House	Participants	Position
Yellow	Garima Upreti	1 st
Yellow	Tsering Yanzum Sherpa	2 nd
Red	Tiana Tamang	3 rd

Inter house Fancy Dress Competition (Grade-3)		
House	Participants	Position
Yellow	Aditi Lama	1 st
Green	Bishesh Khatiwada	2 nd
Red	Devyani Khadka	3 rd

Inter house Fancy Dress Competition (Grade-4)		
House	Participants	Position
Red	Aayush Bhatta	1 st
Green	Yanchen Sherpa	2 nd
Yellow	Sonika Bhandari	3 rd

Inter house Fancy Dress Competition (Grade-5)		
House	Participants	Position
Yellow	Shrastha Shrestha	1 st
Yellow	Yankee Sherpa	2 nd
Green	Akriti Rajan Magar	3 rd

INTER-SCHOOL ACTIVITIES 2076				
Event/Date	Organizer	Participants	Coach/Teacher	Remarks
Bhawishe Steam Challenge	Karkhana	Manjil Gautam	Sangden Ghising	Most innovative
Alive events	Bhagirathi Smriti Memorial international invitational basketball touney 2075	BABA senior boys team	Dikesh Pradhan	Winner
Toran Navajeevan School	Ishwor Memorial inter-school basketball tournament 2075	BABA senior boys team	Dikesh Pradhan	Winner

About BeeCreative:

BeeCreative is a hands on co-curricular activity that instills learning, enriches the skills required for the 21st century i.e. Communication, Collaboration, Critical thinking, and Creativity through STEAM education and gives hands-on learning experience to the students. This is the first year of BeeCreative and Baba School collaboration and it has been one of the best schools in terms of coordination with our BeeCreative teacher and Relationship Manager, Ms. Sangden Ghising.

The co-operation and support from Director Mr. Arvind Pradhan and Vice-Principal Sir Mr. Dil Bdr. Dahal has been valuable to our growth and their feedback has made our BeeCreative classes more impactful.



*Engineering, the art of making practical application of the knowledge of pure sciences!
Students brought life to motors by making monster cars, pulleys and fans! Here they applied their learnings from their textbooks to practical life!*



The Bees of Baba Boarding High School have started practicing hand-eye coordination, communication and problem solving skills in their classroom!

About students:

Students at Baba have been a wonder to work with. Different students in the school have different interests and different responses to our classes. Therefore, it was struggling at first to understand the learning attitude of the students but after the teacher came into better understanding of her students, it became easier for her to teach the students about the learning by doing practice of BeeCreative classes. Some students look intimidated by electronic materials that we take in the class; while, some students are interested in Science and Technology so, they try to go deeper into the lessons that we take to the classes. In the end, making all the students equally engaged and in the same level of understanding has been fulfilling to the teacher. Both boys and girls articulate their ideas and learnings with the whole class. Their learning is visible through the projects they have prepared in the class. The teacher going to their classes has tried different experiments over the months in order to build communication and understanding among the children and have seen some amazing changes. Students' curiosity and thirst to learn new things in each class has motivated our teacher to search for interesting activities in her BeeCreative classes.

About other collaborative events:

Design Challenge at school

Design challenge not only assesses the knowledge of students but also measures their skills and attitude by giving them a platform to engage in thinking, creating and applying new ideas and concepts. In their both design challenges, the students learnt about the dynamics of using waste and other materials. Design challenge normally focuses upon the following criterias:

- Letting students think of ideas and create a collaborative environment for them to work in
- Making and designing prototypes related to a certain topic or idea
- Creating real life scenarios for students to come up with creative, critical approaches
- Implanting and developing concepts of 4C's (creativity, collaboration, critical thinking, communication) in young minds.



TSS at school

We facilitated this Teacher Sharing Session as a part of our monthly Teacher Sharing Sessions at Karkhana. We definitely aren't the experts in understanding child psychology and emotions but this session was an outcome of BeeCreative teachers' own experiences and learning from the classrooms and the schools they go to. The participating teachers from Baba school were expected to reflect and deepen their understanding on how feelings impact the behavior and learning of students, ideate various techniques to cater emotion of students inside their classroom and prototype a physical chart related to emotions, and introduced to the ideation techniques called Mind Maps through this session titled "Transforming Classroom through Emotions."



Importance of Developing Creative and Critical Thinking in Children



The most commonly asked question in teaching and learning is WHAT? We generally ask what happened. But rarely ask what did not happen and why? Asking children how or why let them think and stimulate their thinking process. Encouraging critical thinking in children makes them better learners.

Knowing Children and their curiosity

Children are masters at asking questions. They are curious by nature. Research has found the number of questions asked by children differs with age and gender. Girls aged four are the most curious, asking 390 questions per day - averaging a question every 1 minute 56 seconds of their waking day. As a parent, we try to provide readymade answers to our children as we think that it will make them more knowledgeable. But sometimes we get irritated by their questions because some of their 'Why' is difficult to answer. In such situation, we generally avoid their questions rather than letting them explore themselves. As a parent this is where we fail! Instead of stifling your children's curiosity, nurture it. Encourage them to ask questions remaining curious about the world. Allow your child to ask that annoying 'Why?' and let them find the answer too. It's this process of open-minded inquiry that has resulted in every major human breakthrough.

Developing the ability to think critically in your child is an essential life skill, which should be taught from an early age.

Role of School to Develop Critical and Creative Thinking in Children

The ultimate purpose of education is to develop free-thinking individuals who will be able to create a balanced life for themselves and a better world around them. In order to do this, they must develop the ability to examine the world around them critically. To lay the foundation to develop critical thinking skills in childhood here at Baba we provide abundant opportunities for the children. Following are some of the ways:



Asking questions: Asking questions is one sure way of encouraging our child to think. Asking open-ended questions rather than 'yes' or 'no' ones prompt students to think and analyze about their responses.



Enable summarizing: Whenever we read a story to our students or let them read, we ask them to summarize their thoughts about the story and what they learnt from it. These activities enable them to process the information, think critically and come to a conclusion on their own.



Giving imaginative situation and problem: To foster new and creative thoughts we give imaginative problem and ask, 'What are the different ways we can solve this problem?' or 'Do you have any other idea on how to get this done?' By asking such questions we encourage children to come up with their own solutions. This kind of activity let them think that one problem can have many solutions. It's critical for our child to understand that. While assigning them some new story we let them imagine how they would react if they were the character of the story they read or how would they make the story different if they were the author. This develops their creativity and critical thinking too.



Guided discoveries: We use this method to encourage students to discover concepts on the given topic by themselves through the guided facilitation of their teacher. In the form of project work or as a research assignment our students carry out different activities.

By using different methods of teaching we help students to find their own answers. The answers they find may not always be to our liking. By allowing them to have ideas, opinions and even values that are different from ours, we let our children grow and develop into independent individual.

Sarita Pokhrel
Elementary Coordinator



**BABA
SCHOOL**

Chabahil, Kathmandu
Ph: 977-1-4471631, 4474493
babab@mail.com.np
www.baba.edu.np

The best your
child
deserves